



#### DATES FOR THE DIARY

##### September 2019

Management Committee  
Meeting Wednesday 18<sup>th</sup>  
September @ 7.30pm

##### October 2019

Labour Day Long Weekend  
- Monday 7<sup>th</sup> October

## SEPTEMBER NEWSLETTER 2019

### YARRUNGA CLOSURE

Yarrunga will be closed

Monday 7<sup>th</sup> October 2019

for the Labour Day Long Weekend

### YARRUNGA'S ANNUAL GENERAL MEETING

MANAGEMENT COMMITTEE'S AGM  
WILL BE HELD ON  
WEDNESDAY 20<sup>TH</sup> NOVEMBER 2019  
@ 7.30PM

ALL PARENTS ARE MOST WELCOME  
TO ATTEND

### YARRUNGA'S CHRISTMAS CLOSURE

The last day for the children will be

Monday 23<sup>rd</sup> December 2019

And the first day for children in 2020  
will be Monday 6<sup>th</sup> January.

Please organise your holidays or leave  
early so that you are covered for care in  
this period.

Yarrunga can now be followed on Facebook and Instagram



### CHILDREN'S T-SHIRTS & JUMPERS

If you would like to order a t-shirt or  
shirts or jumpers for your child/ren,  
order forms will be available in the  
office - Shirts \$12.00, Jumpers \$25  
each

Please see Claire, Lisa or Karen



## ***Reminder: Keep your family healthier this winter***



Did you know the flu shot is free for children from 6 months to under 5 years old?

Colder days and chilly nights have set in and flu season is here. A flu shot is the best prevention, but don't forget there are some simple steps to keep you and your family healthier this winter and stop the spread of flu.

Wash your hands frequently. Talk to your doctor or health worker for more information, or visit

[health.nsw.gov.au/flu](http://health.nsw.gov.au/flu)



### **One Pot Easy Stew**

**Ingredients:** 400 grams beef mince, 1 brown onion, 1 glove garlic – chopped or minced, 4 medium red potatoes, 1 medium carrot, a handful frozen pea and corn mix, 1700 gram fresh tomato pasta sauce (I use Bertolli), 1 dash oil – olive or vegetable, 200ml water & 1 teaspoon vegetable stock powder.

**Method:** Peel and chop onion, carrot and potatoes. Put oil into a large saucepan and throw in chopped garlic and onion and sear them until the onions start to go clear. Throw in meat and cook stirring so it doesn't clump together, add carrots and potatoes and allow to brown a little stirring occasionally to make sure they don't stick in the pan. Add all of pasta sauce and stir into mix. Add water and the vegetable stock powder and peas and corn and stir until well combined. Put on lid and lower to a simmer for 45 mins or until potatoes are still holding shape but cooked all the way through.



## NURSERY/TODDLER NEWS

Welcome back to our new Yarrunga, it's so great to be back home in our newly built center. The children are settling well into their new environment and are embracing our daily practice of hand washing and settling into our new sleep rooms. They love getting outside and enjoying the



sunshine and now have the option to choose where they play.

We are back to normal programming and exploring all our interests with loads of resources on hand.

Thank you to families that participated in superhero week we had fun dressing up and our Father's Day lunch was fantastic. We celebrated Educators day on Wednesday 4<sup>th</sup> September, thank you to families that wrote a special note or made something to celebrate with us.



Please remember to label your child's clothing and pack extras it's warming up and we are getting outside and exploring with paint, paste etc.

Our children that are transitioning between rooms are having a fantastic time and we can see how much they benefit from being in the older group.

The benefit of being able to let siblings play together while outside is great, they get to spend time together in different settings.

Nicole, Emma, Serena and Lesley  
[nurserytoddler@yarrunga.com.au](mailto:nurserytoddler@yarrunga.com.au)



## PRESCHOOL ROOM NEWS

We are glad to be back at our 'Runga.' The pre-school children have transitioned smoothly into their new modernised environment, which has been fantastic.



Over the past couple of weeks, the children have been free to explore the new surrounds and familiarise themselves with the daily routines and educators are now able to establish learning environments to support them on their individual learning journeys once more.



Over the past month we have supported Muscular Dystrophy and held superhero week to raise funds for continued research. We also held a Father's Day lunch; the children loved



showing their dad's what they get up to at Yarrunga and shared a yummy lunch with them. Thank you to all the families for your support in these events, the children looked fantastic and another congratulations to all the dad's for popping in to have lunch with your loved ones. We hope you had a great Father's Day.

The children and educator's farewelled Claire, they presented her with a plant and card thanked her for the time and compassion

she has given to all whilst at Yarrunga.



We have continued to branch out into our community, the children on Monday the 2<sup>nd</sup> of September, went to explore the local councils project along the walking/bike path. They found gym equipment and exercise stations. This has promoted discussion in our room of exercise and wellbeing, the children have commenced sharing yoga moves.

Krystine, Natt, Netty and Deb.

[preschool@yarrunga.com.au](mailto:preschool@yarrunga.com.au)

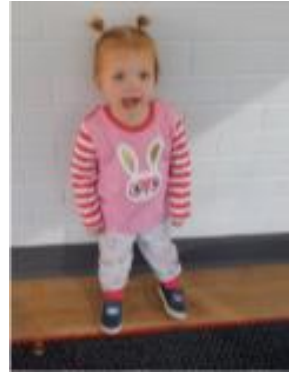
## JUNIOR PRESCHOOL NEWS

What an exciting time we have had recently with our recent move back to our "old/new Rungla!" as some of our children have been saying. The look on our children's faces as they arrived on their first days was absolutely beautiful to see. We have all settled back in beautifully with all our Junior Preschoolers making the most of our new and improved play space.

In our new space the children have enjoyed having the option of playing either inside or outside during the morning play time and at times in the top yard as well which gave them the opportunity to mingle with their siblings

The ramp has also been an extremely popular play space with the children running up and down, pretending to be cats and dogs crawling up and down the ramp as well as pushing both trucks and prams up and down.

Coming back to our new Yarrunga has been wonderful allowing more opportunity for arts and crafts throughout the day with our self-selection trolley. We have also had fun with Superhero week where the children had the opportunity to dress up if they wanted.



In our new learning environment, the children are serving their own fruit and morning tea with tongs. We have also begun scraping our own plates into a scrap bucket and then washing our own plates at

our new little child sized sinks. The children have also enjoyed the



freedom of independently using our toilets after needing to ask at our temporary Yarrunga.

It is so wonderful for all of us to be back home



*Terri, Chrissy, Molly and Belle*  
[juniorpreschool@yarrunga.com.au](mailto:juniorpreschool@yarrunga.com.au)



Congratulations to our Yarrunga family that has welcomed a new addition to their family: -  
Amy, Ryan and Finley welcome a baby boy and brother -  
Max

## Educational Leader Report

It is so good to be back home at Woodstock Ct. This month the focus of educators has been to transition the children smoothly from one setting to another. I know you will agree that they have done a fabulous job! The children have all adjusted well and all seem just as happy as we are to be home.

During our monthly reflection we discussed how simultaneous inside/outside play was working in collaboration with opening up the gates between the two yards. Minor concerns were identified, strategies were presented, and we will continue to observe, reflect and evaluate to ensure all children are able to participate in all areas of our Yarrunga Environment.

Moving forward, over the next month we will be looking at our group planning cycle and how we document group learning. Now that we are back at Woodstock Ct and have access to all of our resources at all times, we have more options when planning for children's learning. We are able to be emergent rather than solely pre-planning. We will also gain perspectives from families and children during this reflection process.

Lisa

## NO FOOD FROM HOME!

A reminder that we have children attending Yarrunga with severe allergies to egg, dairy, nut and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home.

If you are bringing treats to share for your child's birthday please check with room educators for allergies prior.



If parents have any concerns or complaints, please follow the attached *Grievance Policy*

## Grievance Policy

### 1 Informal Resolution of Grievances

Initially any grievance raised will be approached in an informal manner. (Informal Procedure for Resolution of Grievance). If required, an appointment time with the Centre Director and/or President of the Management Committee Kathryn Chandler (phone 0457 717 624) to discuss the grievance can be arranged.

### 2 Formal Resolution of Grievances

2.1 In the event informal processes are unable to be used or informal processes fail to achieve a satisfactory outcome for any of the parties involved in the grievance, the formal process will then be used. Determining whether the grievance will be handled formally is at the discretion of the Director/President of Management Committee based on feedback from the concerned parties at the conclusion of the informal stage (Formal Procedure for Resolution of Grievance).

2.2 **When a formal resolution of grievance is pursued, all interactions must be documented by the Director (Complaint form), signed (by Director and or parties involved), and a copy given to each party concerned.**

2.3 Any allegation that the safety, health or wellbeing of a child has been compromised, or relating to a staff member, the details of action taken in response to a complaint will be recorded and kept in a confidential place.

### 3 Regulatory Authority – ACECQA

3.1 The Nominated Supervisor or Certified Supervisor will notify (within 24 hours of the complaint being made) ACECQA of a complaint that alleges

- a serious incident has occurred or is occurring while a child is being educated and cared for by Yarrunga.
- the National Law and/or National Regulations have been contravened.

The required Forms to be completed are;

**Notification of Complaints and Incidents (Other than serious Incidents)** as required by the Education & Care Services National Regulations – through the National Quality Agenda IT System (NQA IT System). Log in to access the portal.

A scanned copy of the written complaint will be uploaded prior to submitting the form electronically.





**This FREE interactive workshop aims to enhance parent's understanding of their children's behaviour and provide practical strategies in supporting behavioural change and emotion coaching.**

- Do you have a child/children aged between 0-12yrs?
- Does your child struggle with big emotions and being calm?
- Do you find that your child's behaviour is sometimes challenging because of their emotions?
- Do you sometimes find it difficult as a parent/carer to help your child calm down which impacts on their behaviour?

**Then this group is for you!**

Centacare South West NSW, will be running an information session for parents who are wanting to learn about how to help their child be calm and better manage challenging behaviours.

**Where:** Centacare Albury Office 449 Olive Street Albury

**When:** Monday 14th October 2019

**Time:** 9:30am - 2:45pm

**Cost:** Free

**Target Group :** 0 - 12yrs

**Facilitator:** Sam P

**Bookings essential call 1300 619 379**

Tea and Coffee provided

**Call today to book your spot!**

**For further information or to register your interest please contact Centacare South West NSW  
1300 619 379**

**Or email [info@centacareswsw.org.au](mailto:info@centacareswsw.org.au)**