



SEPTEMBER NEWSLETTER 2018

DATES FOR THE DIARY

SEPTEMBER 2018

Management Committee
Meeting - Wednesday 19th
September.

Sunday 23rd September **Bunnings BBQ**

Yarrunga's AGM -
Wednesday 21st November
2018

Labour Day Weekend -
Monday 1st October 2018 -
Yarrunga will be closed

ASSESSMENT & RATING

We received notification from the NSW Department of Education and Communities that our Quality Assessment will take place between 1st September and the 30th September. The National Quality Standard (NQS) sets a high benchmark for Early Childhood and Care Services. The NQS includes 7 Quality Areas that are important outcomes for children including:

- 1- Educational Program and Practice
- 2- Children's Health and Safety
- 3- The Physical Environment
- 4- Staffing
- 5- Relationships with Children
- 6- Collaborative Partnerships with Families and Communities
- 7- Governance and Leadership.

We will be assessed and rated by the regulatory authority against the NQS, and given a rating for each of the 7 quality areas, and an overall rating based on these results. The Assessor will confirm the date of our assessment visit approximately 5 days before the visit takes place.

Our Quality Improvement Plan has been forwarded and we await notification.

Our team are pleased it is finally happening. We were last assessed in May 2013.

YARRUNGA'S ANNUAL GENERAL MEETING

MANAGEMENT COMMITTEE'S AGM
WILL BE HELD ON WEDNESDAY
21ST NOVEMBER 2018

ALL PARENTS ARE MOST WELCOME
TO ATTEND

YARRUNGA'S CHRISTMAS CLOSURE

The last day for children will be Friday

21st December 2018

and the first day for children in 2019 will be Monday

7th January.

Please organise your holidays or leave early so that
you are covered for care in this period.

POLICIES NOW AVAILABLE ON OUR WEB PAGE

We have added some of our Policies to the Web Page for your information.

To access the Policies you will be required to enter a pin - (we have chosen an easy one - Yarrunga's postcode) 2640. When you have a moment have a read and let us know what you think.

A list of ALL Policies is displayed in foyer and are available on request.

Policies will be reviewed as required, your feedback will be sought and used to help us reflect on our daily practices.

WET BAGS

We have purchased a bulk order of wet bags for your convenience for children's wet clothes to go in when they have an accident or are wet from water play.

They are available from the office for

\$10 or two for \$15



WE WELCOME YOUR FEEDBACK!

How can we make our newsletter better?

What information would you like us to include?

Call us on: (02) 60217597

Or EMAIL admin@yarrunga.com.au



Please Tell Us!

HAVE YOU MOVED HOUSE, CHANGED JOBS, YOUR PHONE NUMBERS OR YOUR EMAIL?



- A reminder to families to please update your child's enrolment details if you have moved house or changed jobs in the last 12 months.
- It is important for educators to have up to date contact phone numbers for all children in case of emergencies.
- Please see Claire to check your details or send us an email.

Staff Training Corner: -

Yarning Circle: Nicole

POLICIES BEING REVIEWED

The policies to be reviewed at our ratified at the September Management Meeting are:
- Parent/Guardian, Electronic Media and Environmental Policies and the Staff Confidentiality Statement. Please have a read and comment.

Yarrunga can now be followed on Facebook and Instagram



Bunnings BBQ

Yarrunga have been allocated
Sunday 23rd September 2018
for their fundraising sausage sizzle.
There are still a number of spots
that need to be filled on the roster,
so if you could spare 1 or 2 hours on
the day,
please put your name down.



Free flu vaccines for children under 5

NSW Health is offering free influenza (flu) vaccine for children between 6 months and under 5 years of age to protect them and the wider community from flu. Infants and young children are most likely to spread flu and suffer complications, particularly when large numbers are in close contact, such as in early childhood services.

COMPLAINT MANAGEMENT

Any family or families that have an issue with either Yarrunga and or Yarrunga Staff can view the Complaints and Feedback Policy on our website www.yarrunga.com.au.

CHILDREN'S FAVOURITE MEALS

If your child/ren have a favourite meal at home, could you please let us know so that it may be incorporated into our menu's.

CARE REQUIREMENTS FOR 2019

If you haven't already returned your form for next year, please do so now, as rooms are filling quickly, and we would hate for you to miss out on the days you request. If your child is going to school next year, please also let us know so that we can allocate the spot to another family. Closing day for care requirements is **Friday 21st September 2018**

WOODSTOCK CRT

A concerned resident in Woodstock Crt has asked that families slow down whilst dropping off and picking up their children. The resident feels that families are travelling too fast to stop if a child or anyone accidentally steps onto the road.

Remember: cover your cough and sneeze to stop the spread of germs

The correct way to prevent the spread of germs that are carried in droplets is by coughing or sneezing into your inner elbow, or by using a tissue to cover your mouth and nose. Put all tissues in the rubbish bin straight away, and clean your hands with either soap and water or an alcohol-based rub.



Congratulations Lauren, Matt & Judd on the arrival of the baby girl and sister - Maggie

Munch and Move

Thank you to all the children, families and educators who supported our Footy Colours Week at the end of August. Every small donation goes a long way to help support children living with cancer to continue with their education during their treatments. We enjoyed seeing everyone show their true footy colours and supporting the cause.

In August I spent a little bit of time with the Preschool group and we practiced our galloping. The children quickly lost interest in galloping but then requested to do dancing. The Preschool group have been very interested in using the smartboard to extend their music and movement skills during this time. They requested some of their favourite songs to dance to and asked to learn how to do the floss dance.

In September we will be focusing on underarm rolling through varied activities.

Emma 😊

Educational Leader & NQS

Assessment and Rating Visit:

In our August newsletter we notified families that we will undergo an assessment and rating visit by the NSW regulatory authority in September. As yet we have not been informed of the actual day/days that our assessment visit will take place however we will advise you as soon as we have notification.

We will be assessed against the seven quality areas of the National Quality Standard:

- Quality Area 1 - Educational program and practice
- Quality Area 2 - Children's health and safety
- Quality Area 3 - Physical environment
- Quality Area 4 - Staffing arrangements
- Quality Area 5 - Relationships with children
- Quality Area 6 - Partnerships with families and communities
- Quality Area 7 - Governance and leadership

The assessment and rating process will provide an opportunity for our Yarrunga team to showcase what we have achieved in improving outcomes for our stakeholders over the past five years since our last review, and educators are keen to showcase what we do well (*the how and why of our professional practice in the context of our service and community*). This process will also set a benchmark for continued improvement by closely examining all aspects of operation and suggesting areas we can enhance further.

In preparation for this visit educators have been practicing to clearly articulate their practices through group activities at staff meetings and educational leader room visits. We are all confident in demonstrating what, why and how we do what we do amongst each other and with families, however the speaking with an authorised officer can be a little daunting and we want to ensure our strengths shine!

Krystine

PRESCHOOL ROOM NEWS

How is it possibly the end of August already.

We have had a very productive month, with our excursions up to Eastern Hill Reserve, the children have been taking turns on different days in the excursion. This is allowing everyone to experience what the hill has to offer. Carly was really resourceful in creating a swing out of rope and a stick which has been a valuable resource to teach children about managed risk taking in a controlled environment, playing with speed and learning how to utilise items around us in a different manner. Please check our floor book for photos and information on the trips, including in your child's Individual Learning Journal.

The children participated in book week, with some wonderful characters "Where's Wally?" "Thelma the Unicorn" "Green Sheep" and "Highway Rat". We followed up with an excursion to the Albury Library/Museum for story time. This was a great way to see other involvement that collaborates with book week.

Now at the end of the month the children have been making their fathers days gifts, these have been made with resources, ingredients and love from the garden at Yarrunga. We hope they taste fantastic!

To celebrate the lead up to fathers day Yarrunga participated in Football colour week, the children have been coming in different jerseys, singing their theme songs. The topic of who is on the ladder has been a big conversation point for the boys in the room.

Fathers day BBQ has been a great turn out and we would like to thank everyone who participated and enjoyed some quality time with us.

We have ended this month with Deb finishing up to go on maternity leave- we wish her all the best! Belle will be filling in for Deb in the time being. With this change we have also welcomed Lesley into the Preschool room, these changes have been a smooth transition as the Educators are well known by the children.

We also welcome Ally from CSU. Ally has a wealth of experience in the Early Childhood sector and we are glad she chose Yarrunga for her practical placement as she upskills her training. She has already formed trusting relationships with children and educators and is planning some interesting projects to extend nature learning from our Eastern Hill excursions.



Krystine, Tenille, Belle and Lesley
preschool@yarrunga.com.au

NURSERY/TODDLER NEWS

We have had a very busy month in the nursery/toddler room.

Many of our babies have been reaching many milestones and discovering new interests to explore.

We have been taking part in our Wiradjuri sessions with Ruth. To extend on this we have been practicing counting in Wiradjuri and our body parts.

Each day we have attempted to do our daily acknowledgement "I touch the sky, I touch the land, I touch my heart, we're on Wiradjuri land". A few times our children have initiated this using our tapping sticks.

We have a student in our room from Wodonga TAFE and her name is Bronte, please feel free to approach her and say hello.

We are needing to resource some more heuristic resources for our program and we are looking for some donations from families if they have any available. Heuristic resources are opened ended items that can be used in multiple ways eg natural materials, kitchen utensils etc.



Nicole, Chrissy and Julie
nurserytoddler@yarrunga.com.au

JUNIOR PRESCHOOL NEWS



Emma will be on leave for 5 weeks, starting Monday the 10th of September and will return on Monday the 15th of October. She is off to find some warmer weather, going on a cruise to the South Pacific then heading to Bali. Martine will be covering her leave for this period. Please feel free to introduce yourselves to Martine and make her feel welcome.

Now the weather is starting to warm up we will hopefully be starting to commence the day outside. We encourage all families to apply sunscreen on arrival or at home. We will have our sunscreen available for you to use and we will reapply throughout the day as needed as per our Sunsmart policy.

If you have any scrap paper, we would appreciate any donations as drawing and creative arts is a popular interest with our children and we are struggling to keep up with the demand for paper.

Have you seen our new learning displays? We have a display on our veranda all about the STEM learning we have been doing. Also, outside in the top yard we have a display on risk taking.

Terri, Emma and Nat
juniorpreschool@yarrunga.com.au

Dental care for children

Tooth decay in children is on the rise in Australia, with more than half of all 6-year-olds having some decay in their baby or adult teeth. So it's more important than ever to teach your child good oral health habits that will stay with them for life.

Caring for children's teeth is important

It is important to look after your child's teeth from the moment they start [teething](#). Keeping your child's teeth and gums clean will protect against infection, cavities and pain. Decayed baby teeth can damage the permanent teeth underneath.

If a child loses a tooth because of decay, it can cause crowding problems when their adult teeth come through later.

Dental care for babies

You should begin cleaning your baby's teeth as soon as they arrive. To begin with, you can clean your baby's teeth by wiping with a soft cloth or brushing with a soft toothbrush and water. From the age of 18 months, you can start using a low-fluoride toothpaste when you brush your child's teeth.

You can buy toothpaste and small-headed toothbrushes especially for babies or children at your local pharmacy or supermarket. You will need to clean your baby or child's teeth until they are old enough to do it themselves. This is usually around the age of 7 years.

It's important for your child to get into a regular [oral hygiene](#) routine to prevent tooth decay. Babies can be affected by tooth decay as soon as their first teeth arrive. The first signs of decay often appear as white spots or lines on the front teeth.

Take your baby to visit the dentist as soon as their teeth begin to appear so that the dentist can check their teeth are developing as they should.

Tips to keep your child's teeth clean

- Brush your child's teeth twice a day, using small circular motions. Their teeth should be cleaned after eating and before bed using toothpaste with fluoride that is suitable for children. This can help to strengthen the outside of the teeth and prevent decay. Make sure they brush for at least 2 minutes and remind them not to swallow the toothpaste.
- Help your child to brush their teeth from the time they get their first tooth until they are 7 or 8. After that, supervising them is still important.
- Try to get into a regular tooth brushing routine, and give your child plenty of praise when they brush their teeth well.
- Replace toothbrushes or toothbrush heads every 3 months.
- Children should floss as soon as they have 2 teeth that are in contact with each other. You should supervise flossing until they are about 10.
- To develop strong teeth, make sure your child eats a healthy, balanced diet and avoids foods with a lot of added sugar, such as lollies, biscuits and soft drinks. Always choose fluoridated tap water.

Visiting the dentist- Regular check ups

Regular dental check-ups are important from the age of 1, or within 6 months of the first tooth appearing. Always make a visit to the dentist a positive experience. Never use the dentist as a threat for not brushing teeth or other behaviour.

BOTH NSW AND VICTORIA OFFER FREE DENTAL CHECKS FOR CHILDREN. CALL TO MAKE YOUR APPOINTMENT TODAY.

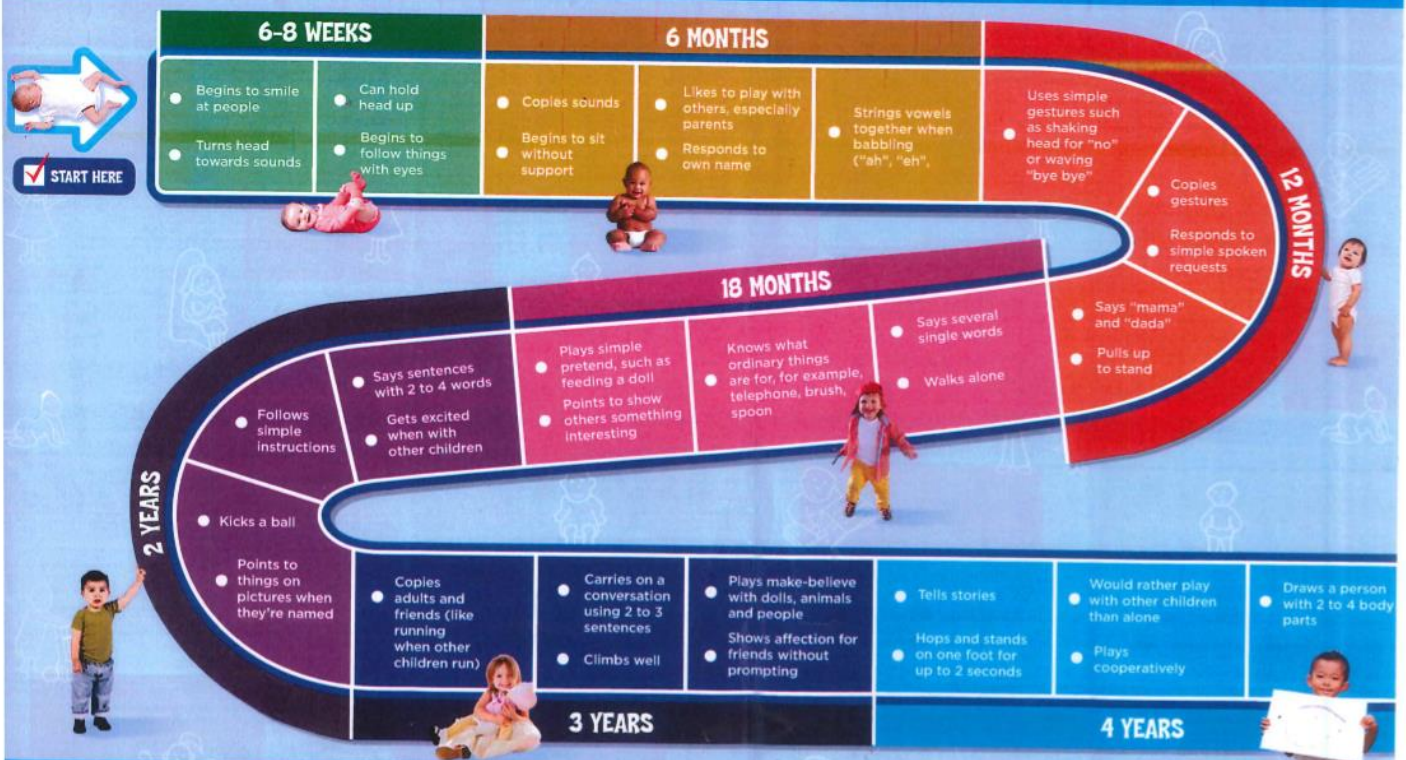
NSW- Albury Dental and Community Health (Smollett Street, Albury). Phone 1800450046 to make an appointment.

VIC- Albury Wodonga Health- Dental (High Street, Wodonga). Phone (02) 60 517 925



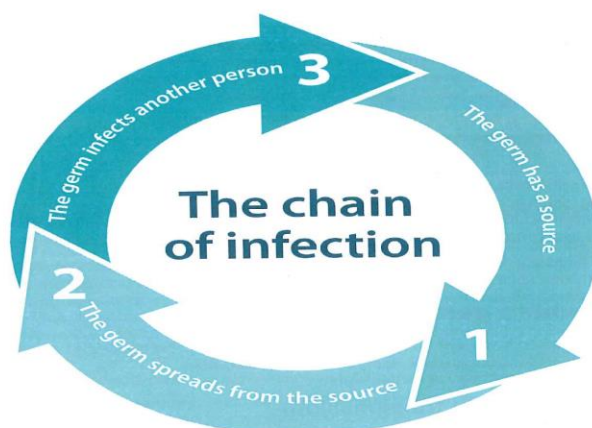
LEARN THE SIGNS. ACT EARLY.

Your child's early development is a journey.



MY PERSONAL HEALTH RECORD contains more information on the milestones. Share your child's progress and any concerns with your child and family health nurse or general practitioner at every visit. Don't wait. Acting early can make a real difference! To find your local Child and Family Health Centre go to www.health.nsw.gov.au/child-family-health-services.

For more ideas on spending time with your child, go to Love, talk, sing, read, play. <http://itsrp.resourcingparents.nsw.gov.au/>

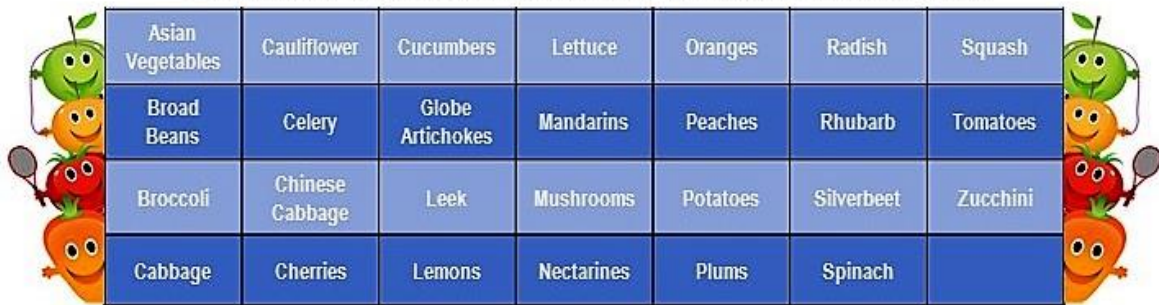


HAND WASHING

You can break the chain of infection at any stage by insuring hand washing on arrival and departure

Spring Fruit and Vegetables

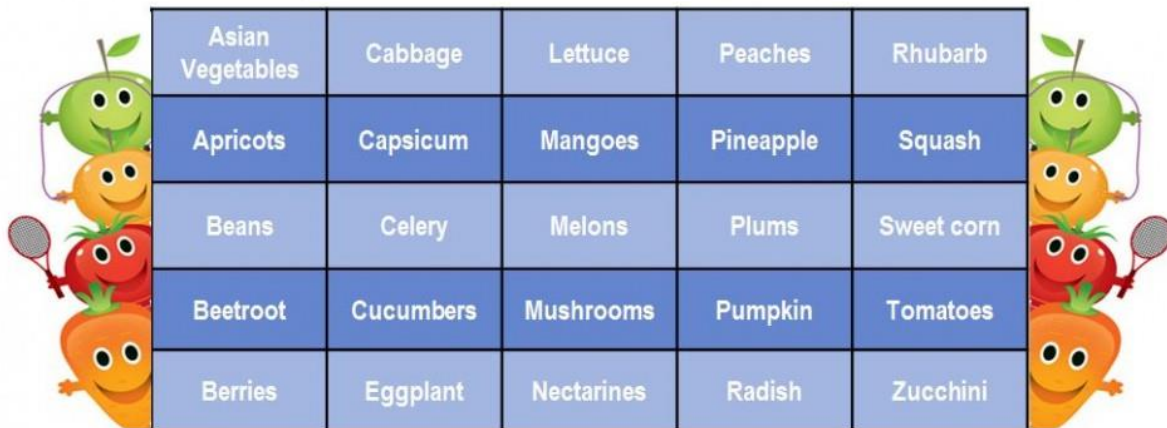
These fruit and vegetables are at there best during the spring months.
Add some into your children's lunchbox for a yummy and healthy snack.



Asian Vegetables	Cauliflower	Cucumbers	Lettuce	Oranges	Radish	Squash
Broad Beans	Celery	Globe Artichokes	Mandarins	Peaches	Rhubarb	Tomatoes
Broccoli	Chinese Cabbage	Leek	Mushrooms	Potatoes	Silverbeet	Zucchini
Cabbage	Cherries	Lemons	Nectarines	Plums	Spinach	

Summer Fruit and Vegetables

These fruit and vegetables are at there best during the summer months.
Add some into your children's lunchbox for a yummy and healthy snack.



Asian Vegetables	Cabbage	Lettuce	Peaches	Rhubarb
Apricots	Capsicum	Mangoes	Pineapple	Squash
Beans	Celery	Melons	Plums	Sweet corn
Beetroot	Cucumbers	Mushrooms	Pumpkin	Tomatoes
Berries	Eggplant	Nectarines	Radish	Zucchini