



YARRUNGA ELC



Newsletter

Important dates:

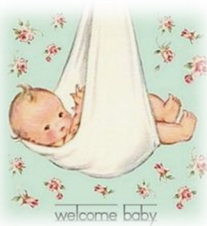
- Committee Meeting Wednesday 17th September 7pm
- Book week 25th August and library story times
- Fathers day, special person lunch Wednesday 3rd September 11.30am
- RSVP by 27th August with dietary requirements
- Educators Day 3rd of September
- Footy colours to be announced

Staff News...

Jay annual leave for 9 weeks July to September Shadow , Sarah and Serena will cover

Pathways on Country with James Fallon High has seen regular students coming through, this allows the students to connect with the industry and seek interest for study and employment.

Prakash will be a student in the Preschool 4 weeks



Welcome baby Winter

Congratulations to Rheana and Harlow

Year 11 student Lilah Kennedy has spent the week gaining valuable experience at Yarrunga Early Learning Centre, exploring how educators support the development of young children through play-based learning in a culturally safe environment. A big thank you to On Country Pathways for their support throughout this opportunity. We look forward to hearing all about your experience, Lilah!

For more information about James Fallon High School, visit our website: <https://jamesfallo-h.schools.nsw.gov.au/>

#LoveWhereYouLearn #ProudlyPublic #WeAreJamesFallon #JFHS #FallonForever #TogetherWeSucceed



Tea towel orders due back by 20th August.

Thank you for your support.

Tea towels are \$15 each single or

\$12 each when purchasing 3 or more

Thank You

CHILDREN'S WET BAGS & SUN HATS

If you would like to purchase a Wet Bag or a Sun Hat for your child/ren, please see the display in the office for available colours.

Wet Bags are \$10 each & Sun Hats are \$15 each.

Kids T shirts \$15 Adult T shirt and windcheaters \$18 are now also available for order.

Please see Deb or Leah for more information.



Please keep your child at home if unwell.

We follow *Staying Healthy in childcare* 6th edition for recommendations of keeping your child at home.

Some symptoms to keep your child home are...



38.0c Fever



Constant runny nose



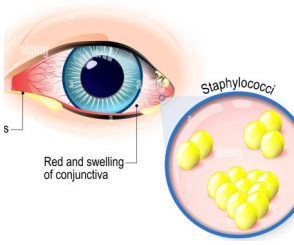
Persistent cough



sneezing



Rash



Conjunctivitis/weeping eyes



Vomiting



Diarrhea

Exclusion for common or concerning conditions

These are 20 of the more common or concerning conditions seen in care services. For the full list of exclusion based on conditions, see the *Staying Healthy* guidelines.



CONDITION	EXCLUSION OF DIAGNOSED PERSON
Chickenpox (varicella)	Exclude until all blisters have dried – this is usually at least 5 days after the rash first appeared in non-immunised children, and less in vaccinated children See the guidelines for contact exclusions
Conjunctivitis or eye discharge	Exclude until discharge from the eyes has stopped (unless a doctor has diagnosed non-infectious conjunctivitis)
Ear infection	Not excluded unless they also have concerning symptoms (fever, rash, breathless, pain, poor feeding)
Fever	Exclude until the temperature remains normal, unless the fever has a known non-infectious cause If the child has gone home from the service with a fever but their temperature is normal the next morning, they can return to the service If the child wakes in the morning with a fever, they should stay home until their temperature remains normal If a doctor later diagnoses the cause of the child's fever, follow the exclusion guidance for that disease
Gastroenteritis ('gastro')	Exclude until there has not been any diarrhoea or vomiting for at least 24 hours Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours) Check if your state or territory has different requirements for gastroenteritis
Hand, foot and mouth disease	Exclude until all blisters have dried
Head lice	Not excluded, as long as effective treatment begins before the next attendance at the service The child does not need to be sent home immediately if head lice are detected
Hib (Haemophilus influenzae type b)	Exclude until the person has received treatment for at least 4 days
Measles	Exclude for at least 4 days after the rash appeared See the guidelines for contact exclusions
Meningitis (viral)	Exclude until person is well
Meningococcal infection	Exclude until the person has completed antibiotic treatment
Mumps	Exclude for at least 9 days or until swelling goes down (whichever is longer)
Pneumococcal disease	Exclude until person has received antibiotic treatment for at least 24 hours and feels well
Rash	Not excluded unless combined with other concerning symptoms (fever, breathless, pain, poor feeding)
Respiratory conditions and infections	If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), exclude them only if: • the respiratory symptoms are severe, OR • the respiratory symptoms are getting worse (more frequent or severe), OR • they also have concerning symptoms (fever, rash, breathless, pain, poor feeding) SEE TABLE 3.6.6 EXCLUDE A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service
Shingles (zoster infection)	Exclude children until blisters have dried and crusted Adults who can cover the blisters are not excluded (they are excluded if blisters cannot be covered) See the guidelines for contact exclusions
Skin-related infections	Not excluded if the person can maintain hygiene practices to minimise the risk of transmission If the person cannot maintain these practices (for example, because they are too young), exclude until the sores are dry Cover sores with a dressing, if possible
• Fungal infections of the skin or scalp (ringworm, thrush, athlete's foot) • Impetigo (school sores) • Scabies and other rashes causing skin disease	Exclude until the day after starting treatment For impetigo, cover any sores on exposed skin with a waterproof dressing
• Warts	Not excluded
Strep throat	Exclude until the person has received antibiotic treatment for at least 24 hours and feels well
Whooping cough (pertussis)	Exclude until at least 5 days after starting antibiotic treatment, or for at least 21 days from the onset of coughing if the person does not receive antibiotics See the guidelines for contact exclusions
Worms	Not excluded

What's hot in Aunty Amy's Kitchen

That Lamb Recipe

Serves 4

¼ pumpkin, Roasted	300g mushrooms
300g Spinach	1 tinned tomatoes
2 carrots	1 zucchini
3 cloves garlic	1 Onion
1kg diced lamb	1 Tsp Garam Masala
1 Tsp curry powder	

This recipe was not witnessed by the little Darlings, if they saw what went into it..... However I have struck gold with the Food Processor!!!
It is a godsend.

Method

Roast Pumpkin, I usually do it whole so it has time to caramelize, set aside.

Grate zucchini and carrot, or dice, or chop... your choice

Season Lamb with Garam masala, curry powder and salt and pepper. I usually eyeball if it needs more...

In a heated and lightly oiled cast iron pot or frypan, cook the diced lamb until sealed, (depends on dice size)

For the food processor, mushrooms, onion, garlic, spinach, tomatoes and blitz to liquid. Put Into pot or fry pan with lamb.

Then add the roasted pumpkin, it will break down into this and help it thicken up.

Add Grated, diced or chopped Carrot and Zucchini.

Let simmer low for about 45 minutes.

Adjust seasoning.

Serve with rice or mashed potatoes.



You may hear and see more Wiradjuri words in our learning community. You can access the Wiradjuri dictionary app online to listen and research language



WILAY ROOM

Yarrunga Early Learning Centre Newsletter

Reminders

- Please label clothing and provide clothing for all kinds of weather

Dear Families....

We celebrated NAIDOC week and were involved in many activities. The children proudly painted using the Aboriginal and Torres Strait Islander colours, used different coloured sand in play and took care around the fire pit as it was lit each morning for the week.

We were also lucky enough to have the Maliyan Dance Troup come in to perform for us, as well as the Toi family for delivering a Welcome to Country and performing some songs for us too.

PJ Week!

The children enjoyed coming to Yarrunga in their pj's and looked super comfy too!

This was in support of the Pyjama Foundation who raised funds for children in foster care.



The children have been enjoying using the bottom yard and exploring the Preschool room. Mixed age group play has great benefits and the children have thrived on playing with the older children.



We are looking forward to more of the beautiful sunshine as we enjoy outdoor play every day.





GUGUBARRA

Yarrunga Early Learning Centre Newsletter

Important dates:

Please label clothing



Hello from the Gugubarra room, we have had a very busy month within the Yarrunga community. We experienced N.A.I.D.O.C week together where we celebrated and learnt all about our First Nation’s culture. The Maliyan dance group visited us and gave us all the opportunity to learn about our local Wiradjuri culture and how they told stories through dance. Teisha and Marcus also came in to share their family’s culture and experiences through a smoking ceremony and music with Marcus playing the guitar and singing some traditional Maori songs. This sense of community and sharing of knowledge and culture is very important and much appreciated by all of us within the Yarrunga community.

Within the Gugubarra room we explored a variety of activities and experiences, and this flowed on to the weeks that followed, embedding it in our everyday practice. Some of these experiences included painting on paper bark; threading with beads; watching ‘How the birds got their colours’; retelling the story of Tiddalick with Alana sharing her amazing puppets; pasting; coloured sand play using First Nations symbols and much more.

We have also been very lucky to have some lambs come to visit us called Stitch, Leroy and Posie. Nicole from the Dinawan room is helping to raise them and has been kind enough to share the experience with all of us at Yarrunga. The children are taking turns to bottle feed them, pat them and take them for walks with a leash around the yard.

What a very special experience!

Our next project will be making our own Windchimes! So we are asking if families will be able to donate tin cans, bottle caps, old spoons and any other upcycled items that might make a wonderful addition to our project.

A big thankyou to the donations of items from our wonderful families in the last month they have been very appreciated.





DINAWAN ROOM

Yarrunga Early Learning Centre Newsletter

Hi Families,

We have had a busy month with lots of fun and adventures out into our community.

The preschool group were lucky enough to attend the cube to watch the Gruffalo's child we caught the town bus over to Wodonga which we are getting good at doing and we had a picnic lunch before the show. The children were on the edge of their seats, and the show was very interactive.

We started our Ocean project, and the sunroom is being transformed into a wonderful underwater adventure. The children have been working hard on making Jelly fish, star fish and discussing what they know about the Ocean.



Nicole brought her three baby lambs Stitch, Leroy and little Posie, they enjoyed meeting all your wonderful children and their families and have settled in well. The children are learning to be patient and taking turns feeding them milk from bottles and leading them around the yard. They have also learnt they are Dorper lambs that have hair instead of wool, so they shed instead of being sheared when they are older. The children have enjoyed chatting to the lambs and asking questions about why they drink milk, why are they wearing nappies? What happened to their mums? Learning is so valuable and I'm so happy Yarrunga can share this with everyone.



The children also attended an incursion by Benji an interactive magic music show Kanga ruan was the instrument he used and he also taught us some Auslan signs that went with the songs.

We are looking at starting our bush preschool program in a few week's time and might be seeking donations for resources to use while we explore and play. We will give you the dates very soon.

Thanks

Dinawan room



EDUCATIONAL LEADER

Educational Leader Update:

Focus of the Month (FOM) QAT7: LEADERSHIP AND GOVERNANCE

Quality Area 7 of the National Quality Standard recognises that effective leadership and management of a service contributes to quality environments for children's learning and development. Well-documented policies and procedures, well-maintained records, shared values, clear direction and reflective practices enable the service to function as a learning community. An ongoing cycle of planning and review, including engagement with families, creates a setting for continuous improvement. ACECQA



This month we are focusing on Yarrunga's self-assessment and Quality Improvement Plan. We are reviewing our strengths and reflecting on areas we can improve on. To do this effectively it's vital we include the voices of children, families and community. I have been collating family surveys & feedback, collecting evidence from the partnerships we have forged within our local community and most importantly, asking all educators to take note of what children say and do (as this is a true record of educator's professional practice and how children experience Yarrunga)!

With the data collected so far we are updating the following:

- Family and Staff Handbooks
- Induction Processes for staff and students
- Visibility of Children's Voices throughout Yarrunga – Forming a Children's Council
- Developing a Philosophy In Action Display which includes the voices of Children, Families and Community
- The Nursery/Toddler (Wilay) team are also researching best practice around their relaxation and sleep time rituals

Another area of critical reflection is how educators plan and document group planning cycles. Regulations require us to document each child's learning and development against the Learning Outcomes in the Early Years Learning Framework (EYLF). We are beginning to incorporate elements of the 8 Ways Focus Wheel and the Project Approach. Please take some time in your busy schedule to have a look at the planning walls in child/ren's room let the educators know what you think for example: Are they reflective of children's interests, easy to follow, draw on input from children and families. We welcome constructive feedback always!

WORK IN PROGRESS:

- Family Survey—Assessments of Children's Learning and Development
- Supporting the dignity and rights of the child—Audit & Action Plan
- Educator and child interactions—Reflection Audit & Action Plan
- Cultural Inclusion and Reconciliation practices—Audit & Action Plan
- Sleep and rest—Children's Audit & Action Plan
- Mealtimes—Children's Audit & Action Plan

THANK YOU FOR YOUR ONGING INPUT INTO CURRENT EVENTS THAT AFFECT OUR YARRUNGA COMMUNITY. IT IS VERY APPRECIATED NO MATTER HOW LITTLE OR HOW MUCH!

Krystine

In complying with the National Quality Standards, we ensure that a copy of the Law and Regulations can be accessed by families, including those seeking to enroll their child at the service?

Access via <https://legislation.nsw.gov.au/view/html/inforce/current/sl-2011-0653>

WE WELCOME YOUR FEEDBACK!

How can we make our newsletter better?

What information would you like us to include?

Call us on: (02) 6021 7597

Or EMAIL admin@yarrunga.com.au



NO FOOD FROM HOME!



A reminder that we have children attending Yarrunga with severe allergies and anaphylaxis to dairy, nut, and sesame.

Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe. Please refrain from bringing food from home. If you are bringing treats to share for your child's birthday, please check with room educators for allergies

Policies/Procedure/Reflection being reviewed this month:

Quality area 4 Staff and Family hand books

Quality Area 2 Sleep and rest

Yarrunga Policies:

Just a reminder to families – our policies can be accessed on our website www.yarrunga.com.au and the password is 2640

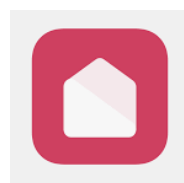
WEEKLY MENU

Our weekly menu is displayed in the foyer



Home App

Please check your home app for your billing account and statement as these will no longer be sent via email.



Reminder to please bring a broad brim sun safe hat for your child as the days are becoming sunny. All children require sun protection when the UV reaches 3.

It's important to keep your family details up to date so you get the right amount of CCS and FTB. This will help you avoid being overpaid and need to pay money back later.

You can update your details online using your Centrelink online account through myGov or your Centrelink Express Plus mobile app.

This includes:

- your family's activity test hours
- the type of activity you or your partner do
- your family income estimate.

Learn more about reporting a change in your circumstances for [FTB](#) and [CCS](#).

Raising Children Network have wonderful free and up to date advice and support for families on all topics family, children and babies.



raisingchildren.net.au



Yarrunga is a
smoke free
environment
This includes
vaping and
e-cigarettes

Educator of the Month

Sarah– Respectful relationships with families, children and staff



Chrissy– Creative displays

Josh– Communication and support to families



Dinawan room won the NAIDOC challenge

schn.health.nsw.gov.au'. On the right is a photo of a young girl sitting on a couch, looking at a tablet."/>



Child Accident Prevention Foundation of Australia

Please access the kid safe website for information at home <https://kidsafe.com.au/>

Parent Line NSW

Call 1300 1300 52

Parent Line is a free telephone counselling and support service for parents and carers with children, aged 0 to 18 years, who live in New South Wales.