



November Newsletter



DATES FOR THE DIARY

**AGM Wednesday 15th November @ 7pm
All Welcome**

**Graduation 20th-24th November
Christmas concerts 4th-8th December**

In complying with the National Quality Standards, we ensure that a copy of the Law and Regulations can be accessed by families, including those seeking to enroll their child at the service?

To access it go to <https://legislation.nsw.gov.au/view/html/inforce/current/sl-2011-0653>

WE WELCOME YOUR FEEDBACK!

How can we make our newsletter better?
What information would you like us to include?
Call us on: (02) 6021 7597
Or EMAIL admin@yarrunga.com.au



Yarrunga



can now be followed on:



Facebook and Instagram

Yarrunga Policies:

Just a reminder to families and for all our new family's information - our policies can be accessed on our website www.yarrunga.com.au and the password is 2640

Policies/Procedure/Reflection being reviewed this month:

Health and safety
Sleep and rest policy
First aid policy
Water safety policy



NO FOOD FROM HOME!

A reminder that we have children attending Yarrunga with severe allergies to dairy, nut, and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home. If you are bringing treats to share for your child's birthday, please check with room educators for allergies prior.

CHILDREN'S WET BAGS & HATS

If you would like to purchase a Wet Bag or a Hat for your child/ren, please see the display in the office for available colours. Wet Bags are \$10 each & Hats are \$20 each. Please see Deb or Leah for more information.



STAFF NEWS:

Rooms reveal for 2024

Wilay N/T Olivia, Emily, Serena, Sarah and Jay
Gugubarra JPS Alana, Chrissy, Maree, Jodie and Lesley

Dinawan PS Nicole, Natt, Emma /Kaitlin and Robyn

Thank you to all the families for your input

Recipe of the month

Rainbow Chicken Pilaf Recipe

Makes: 6

Ingredients

- 1 tsp Extra virgin olive oil
- 1 Brown onion, finely diced
- 650g Chicken
- 1 tsp Ginger, minced
- 1 tsp Garam masala, ground
- 1 tsp Cinnamon, ground
- 1 tsp Turmeric, ground
- 1 3/4 Cup Basmati rice, uncooked
- 1L Chicken stock, salt reduced
- 1 Carrot, diced
- 3 stalks Celery, diced
- 1 Capsicum
- 1 Cup Frozen Peas
- Summer veggies to serve

Method

- Heat a drizzle of olive oil in a large fry pan.
- Add onions and stir until softened.
- Add the chicken pieces and fry until the chicken pieces start to brown.
- Add garam masala, cinnamon and turmeric, carrot, celery and uncooked rice to the pan. Stir for a couple of minutes until rice is yellow.
- Pour in the stock and add capsicum and peas.
- Bring to the boil, lower the heat, then cover the pan with a lid.
- Cook until rice is cooked and stock is absorbed.
- Serve chicken pilaf with seasonal vegetables.

NURSERY NEWS- Wilay Room:

The children have loved the changes made to the climbing area up the top and they have been enjoying the extra challenge. They are getting very confident in their own abilities but still ask for help when needed.

We have started our craft for Christmas. They have enjoyed getting creative and using both paint and textures to explore their creative sides.

We were lucky enough to be involved in two incursions over the last month with the Ambulance visit and Gwenda Stanley cultural performance.

They are still enjoying their music, especially sleeping bunnies and baby shark. We have also introduced a fun dance song called Broccoli that the Junior preschool room shared with us.



Chrissy, Emma, Serena, Emily, Sarah
Nurserytoddler@yarrunga.com.au

JUNIOR PRESCHOOL NEWS - Gugubarra Room

Gugubarra newsletter

Hi Everyone we can't believe it is November already!!! Xmas will be here before we know it. The Gugubarra room went on an excursion on Wednesday the 1st of November this came from one of our children asking if we could go and visit the trains, well Natt quickly organized this and off we went we seen not only one train not only two trains but we seen four trains our group was so excited and then we were able to hop on the v line and have a look inside the train it was a very exciting day for all the children and Educators. We want to also say thank you to all the Grandparents and parents that attended grandparent's day it was so lovely to see you all enjoy lunch with your grandchildren or child. We have changed our room around and we have Santa's grotto/ wonderland the children are very excited with the new room addition, and we will continue to decorate it over the next few weeks. Just a reminder that it is getting warmer, and we have started waterplay please pack a plastic bag or wet bag in your child's bag for wet clothing. YARRUNGA WETBAGS AVAILABLE FROM OFFICE \$10.



Cheers, Gugubarra Team, Natt, Jay,
Nicole, Lesley, Sarah

Preschool@yarrunga.com.au

PRESCHOOL ROOM—Dinawan



What a wonderfully engaging month we have had here at Yarrunga these past weeks, filled with community engagement. From Grandparent's Day to Halloween to our Bike Day, we have welcomed families in, shared traditions from home, and whizzed along the bike track as we ventured out into our surrounds.



Halloween saw some fun creations and opened a world of conversations, as class members discussed who they were disguised as and how they would be celebrating (if at all). There were some very excited Preschoolers, gushing about their experiences *Trick or Treating* and delighting in bragging of the goodies that they bagged! There were plenty of creepy and spooky art and craft projects worked on during this time as well.



Alana, Krystine, Maree, Liv, Jodie, Robyn, Sarah, Lisa

Educational Leader

During September and October some of our educators were fortunate to attend the ECA National Conference in Adelaide and the Educational Leaders Conference in Canberra.



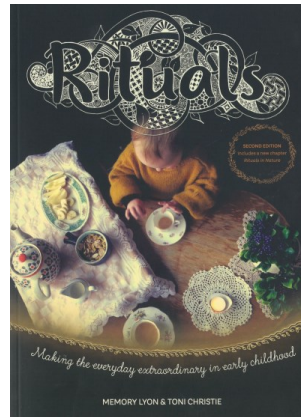
Educational Leader Conference 2023—
Connecting Practice to Theory: Finding Ideals and Ideas of Possibility



Key Messages from both conferences focused on supporting children to develop important mindsets and skills necessary for success in today's rapidly changing world, and making the "everyday extraordinary in early childhood" by developing thoughtful rituals which make everyday routines special for children.

21st Century Skills

1. "Me skills": Awareness and self-control
2. "We skills": Teamwork and empathy
3. "Why skills": Boundless curiosity
4. "Will skills": Sticking to it
- . "Wiggle skills": Movement and touch
- . "Wobble skills": Never giving up
7. "What if skills": Robust imagination



Routines V Rituals

<i>Routines</i>	<i>Rituals</i>
<i>Everyday</i>	<i>Extraordinary</i>
<i>Need to</i>	<i>Want to</i>
<i>Have to</i>	<i>Irresistible invitation</i>
<i>Time Schedule</i>	<i>Relaxed</i>
<i>Rushed</i>	<i>Peaceful</i>
<i>Auto pilot</i>	<i>Intentional</i>
<i>Plastic</i>	<i>Natural</i>
<i>Thoughtless</i>	<i>Thoughtful</i>
<i>Impersonal</i>	<i>Personalized</i>
<i>Checklist</i>	<i>Love, care, creativity, beauty</i>
<i>Stressful</i>	<i>Calm and attuned</i>

As a service team we see ourselves heading in this direction. Of course there will be lots of consultation with families and room teams to create the wellness and ambiance we are seeking for Yarrunga's children, families and educators. We have already noticed children from all rooms are really enjoying the delicate crockery in the preschool room and treating it with great respect. And you will see new attractively framed planning boards in each room next year.

Krystine