

DATES FOR THE DIARY

Aug 2023:

Management Committee
Meeting Wednesday 16th
@ 7.30pm
Father's Day Lunch 30th
@ August



AUGUST NEWSLETTER 2023

In complying with the National Quality Standards, we ensure that a copy of the Law and Regulations can be accessed by families, including those seeking to enrol their child at the service?

To access it go to <https://legislation.nsw.gov.au/view/html/inforce/current/sl-2011-0653>

WE WELCOME YOUR FEEDBACK!

How can we make our newsletter better?

What information would you like us to include?

Call us on: (02) 6021 7597

Or EMAIL admin@yarrunga.com.au



Yarrunga can now be followed
on Facebook and Instagram

Yarrunga Policies:



Just a reminder to families and for all our new family's information - our policies can be accessed on our website www.yarrunga.com.au and the password is 2640

Policies/Procedure/Reflection being reviewed this month: Quality Improvement Plan June 23 .

NO FOOD FROM HOME! A reminder that we have children attending Yarrunga with severe allergies to dairy, nut, and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home.

If you are bringing treats to share for your child's birthday, please check with room educators for allergies prior.



CHILDREN'S T-SHIRTS, JUMPERS & HATS

If you would like to order a t-shirt or shirts or jumpers for your child/ren, order forms will be available in the office - Shirts \$12.00, Jumpers \$25 each. We now have a supply of children's hats for \$20 each. Please see Deb or Leah.

**Congratulations to our Yarrunga families that have welcomed a baby boy & brother:
Meghan, Dan, Caleb and Rueben Tanner- Baby Mackenzie.**

And A baby girl for the Duncan family- Natalie, Michael and Austin-Baby Cleo



STAFF NEWS:

We would like to thank all of our wonderful Educators for shining through on our Assessment and rating days. Also thanks to our supportive families for all your ongoing support and encouragement everyday and during our visit.

CARE REQUIREMENTS 2024:

Care requirements letters will be sent out on the 8TH of August and will be required to be completed and returned by the 22nd of September 2023

NURSERY NEWS- Wilay Room:

Nursery/Toddler (Wilay) August newsletter.

What wonderful weather we have been experiencing recently. We have been making the most of this to explore our outside environment. We have begun to utilise our own yard recently and have really enjoyed watching the big diggers busy at work. They have also enjoyed exploring our climbing wall, cargo net and slide learning about being safe at a height and turn-taking.

We will have to start to wear our sunscreen and hats within the next month to keep our selves safe from the harmful UV rays. So, if you could start packing your child's sun hat with a broad brim please that would be wonderful. We do supply sunscreen, however if you need to use a different sunscreen because of sensitive skin please supply an in-date container that is labelled with your child's name.

Now that all of our midyear assessments are completed, we have begun to set the new individual learning goals for the rest of the year. If you are happy with the goals that we have suggested in the emails that is great, however if you would like to see something different, please chat to your child's primary carer.



Chrissy, Emma, Kaitlin, Serena, Emily and Jay
nurserytoddler@yarrunga.com.au

JUNIOR PRESCHOOL NEWS - Gugubarra Room

NAIDOC week was amazing, lots of different experiences over the week. It started off with a Acknowledgement of Country and listening to Keanau play the didgeridoo. We made Islander bread with Jodie, had Auntie Edna come in to tell us stories, James Fallon Dance Troupe came in to share dancing with us, and Nullah's family came in to do a Haka.



We did some spreading of butter, cutting of bread, and sprinkling of sprinkles to make afternoon tea for the whole centre. We are going to be focusing more on healthy choices for afternoon tea cooking experiences.



Our friendships keep going from strength to strength and we are getting better at communicating with each other. We are exploring using scissors at the playdough table to incorporate them into craft activities soon. Charlie has been bringing in flowers for us to do experiments with, and he even brought in sand from the Northern Territory for us to



explore!

We've had the monkey bars put up in our yard and we have been testing our upper body muscles. We are learning turn taking on this as it is quite popular, by negotiating and communicating with each other.

All of our Mid-Year Summative Assessments have now been completed and we are asking families to respond by giving us some goals for their child to work on for the second half of the year. We are excited to see the sun shining again and will be wearing sunscreen and hats again soon enough!



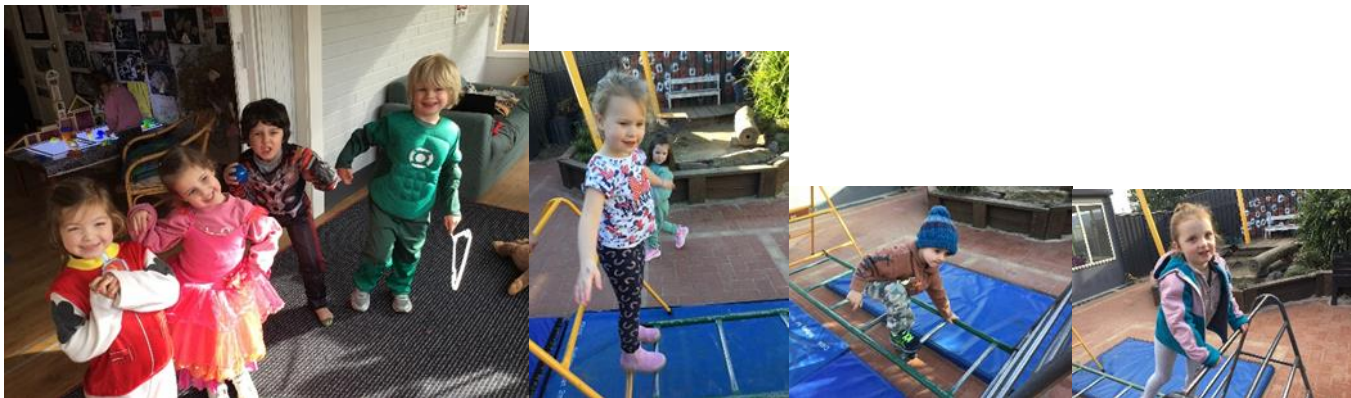
Cheers, Gugubarra Team, Natt, Tash, Nicole, and Lesley

PRESCHOOL ROOM NEWS:

Preschool Room News

This month there has been a great interest in performing and performing arts, particularly after our excursion to The Cube in Wodonga to see *The Beauty and the Beast*. This informed a decision to create a theatre of our own in the sunroom. The children used various props to create and perform for their peers. The costumes have been a big hit with the children across the centre, with the older children assisting their younger peers.

The obstacle course has been another popular setup this month, with both the top and bottom yards having various obstacles setup for varying challenges. This has allowed the children to engage in open gate play with their peers and siblings, whilst also challenging themselves on the climbing frames, balancing beams and ladders.



Construction zones in the sandpit have facilitated teamwork and communication between peers as they design, build, construct and create pipe work, roads, bridges, pits and dirt piles.



The scooters have been requested by many of the children this month as the weather begins to warm up. We will be organising a Bike week in the coming weeks.

Thanks,

Liv, Krystine, Alana, Maree, and Jodie ☺

Preschool@yarrunga.com.au

EDUCATIONAL LEADER:

MID YEAR ASSESSMENTS

Just a quick reminder that you are more than welcome to contact your child's primary educator if you would like to discuss their learning assessment and goals for future learning further. Educators make themselves available to suit your individual needs; whether it be by phone call, email or in person so please make use of this valuable opportunity for a quick catch up you would like to.

ASSESSMENT AND RATING

As you are probably aware, we have undergone our Assessment and Rating Visit by an authorised officer from the Early Childhood Education Directorate (ECED). As the NSW Regulatory Authority for early childhood education services, the Department of Education is responsible under the National Law and Regulations, for ensuring services meet the requirements to operate under the National Quality Framework.

Assessment and rating process

Assessment and Rating is a cooperative process with opportunities for all educators and staff to discuss how we are meeting the National Quality Standards and enhancing outcomes for children.

It's hard to determine our overall rating at this point. We were able to demonstrate clear examples of best practice throughout the visit and the authorized officer provided lots of positive feedback on the days she was with us.

We expect to hear the outcome in approximately 3 weeks.

seven quality areas

1 Educational program and practice

2 Children's health and safety

3 Physical environment

4 Staffing arrangements

5 Relationships with children

6 Collaborative partnerships with families and communities

7 Governance and leadership

quality ratings

Service promotes **exceptional** education and care, demonstrates sector leadership, and is committed to continually improving.



Service **goes beyond** the requirements of the National Quality Standard in at least four of the seven quality areas.



Service **meets** the National Quality Standard. Service provides quality education and care in all seven quality areas.



Service provides a **safe** education and care program, but there are one or more areas identified for improvement.



There is an identified significant risk to the safety, health and wellbeing of children. Immediate action will be taken to address issues.



Healthy Snack and Meal Ideas:

Our Children's Menu Survey returns indicate that you would like more healthy eating materials to access. Each month I will include a link with lots of recipes and dietary information which you will be able to access.

<https://www.eatforhealth.gov.au/>

Enchilada Bake

500g beef mince

1tbs mince garlic

1x red capsicum diced

1x green capsicum diced

1x 420g corn kernels drained

1x 420g red kidney beans

1-2 sachets of taco seasoning (depending on how much flavour your wanting)

1x 420g tinned tomatoes

1x packet of soft tortillas

1x jar taco sauce

Grated cheese for the top

Fry off beef mince in some oil and garlic until cooked. Drain off any excess oil. Add in diced vegetables, corn & kidney beans and cook for 5 minutes. Add in taco seasoning and toss through to coat the mince mixture. Add in tinned tomatoes and simmer for a further 5 minutes.

In a baking dish spray the dish with oil spray to stop from sticking. Place tortillas down to cover the base of your tray. Top with some of the mince mixture. Repeat the process to all used.

Add taco sauce to the top layer then top with cheese and bake in 180-degree oven for 20-30 minutes or until golden brown.

Catering Officer - Meg

Grievance Policy

If parents have any concerns or complaints, please follow the procedure as outlined below.

Informal Resolution of Grievances

Initially any grievance raised will be approached in an informal manner. (Informal Procedure for Resolution of Grievance). If required, an appointment time with the Centre Director and/or President of the Management Committee Ivy Ellis (phone 0403 564 454) to discuss the grievance can be arranged.

Formal Resolution of Grievances

In the event informal processes are unable to be used or informal processes fail to achieve a satisfactory outcome for any of the parties involved in the grievance, the formal process will then be used. Determining whether the grievance will be handled formally is at the discretion of the Director/President of Management Committee based on feedback from the concerned parties at the conclusion of the informal stage (Formal Procedure for Resolution of Grievance).

When a formal resolution of grievance is pursued, all interactions must be documented by the Director (Complaint form), signed (by Director and or parties involved), and a copy given to each party concerned.

Any allegation that the safety, health or wellbeing of a child has been compromised, or relating to a staff member, the details of action taken in response to a complaint will be recorded and kept in a confidential place.

Regulatory Authority - ACECQA

The Nominated Supervisor or Certified Supervisor will notify (within 24 hours of the complaint being made) ACECQA of a complaint that alleges:

A serious incident has occurred or is occurring while a child is being educated and cared for by Yarrunga.

The National Law and/or National Regulations have been contravened.

The required Forms to be completed are:

Notification of Complaints and Incidents (Other than serious Incidents) as required by the Education & Care Services National Regulations - through the National Quality Agenda IT System (NQA IT System).

Log in to access the portal.

A scanned copy of the written complaint will be uploaded prior to submitting the form electronically.

Nutrition Snippet

BLUEBERRY PIKELETS



Ingredients

1 cup self-raising flour
2 tablespoons caster sugar
2/3 cup reduced-fat milk
1 egg
3/4 cup frozen blueberries
Olive oil spray

Method

Step 1: Add the flour and sugar to a large bowl. In a jug, whisk the milk and egg to combine.

Step 2: Slowly add the egg mixture into the flour and whisk until well combined. Gently fold through the blueberries.

Step 3: Spray a large non-stick frypan with olive oil and heat over medium heat. Scoop a tablespoon of the mix into the pan, cooking up to four at a time. Cook for 1 minute or until bubbles appear on the surface and pikelets are golden underneath. Turn and cook for a further 1 minute or until golden.

Step 4: Transfer to a plate and cover with foil. Repeat with remaining batter, spraying the pan between each batch.

For this recipe and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Nutrition Snippet

ENJOY WINTER WARMERS



Try these winter warming meals - delicious for dinner and pack leftovers for lunch!

- [Chicken pasta bake](#)
- [Vegetable curry](#)

Find these recipes and more on our seasonal blog at healthylunchbox.com.au/blog/whats-in-season-for-winter/

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Nutrition Snippet

FREEZER FRIENDLY SNACKS

Need healthy snacks on hand?



Make a batch of these recipes and pop them into the freezer. In the morning pack into the lunch box and the snack will be thawed and ready to eat by lunch!

- * **Banana pikelets**
- * **Apple and date muffins**
- * **Fruit loaf**

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Nutrition Snippet

WHAT A WASTE

Did you know that the average household throws out 1 in 5 bags of groceries they buy?



Here are our top tips to reduce your food waste to save money and help the planet!

1. Only buy what you need
2. Store your food correctly
3. Love those leftovers
4. Don't throw away tired fruit and veg
5. Buy odd shaped fruit and veg

Read more about how to reduce food waste tips on our blog at: healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Sunsmart Snippet

What's the UV right now?

Remember to **SLIP, SLOP, SLAP, SEEK and SLIDE** when the UV is 3 or above.



Check the SunSmart app everyday to find out your local sun protection times.

sunsmartnsw.com.au



Cancer Council
Healthy Lunch Box



Join us at Yarrunga Early Learning Centre for lunch to celebrate all the special people in our children's lives.

Fathers, Grandparents, Uncles, Father figures, Mum's that are Dad's and anyone who wants join, all are welcome!

When: Wednesday 30th August

Where: Yarrunga Yard

Time: 11am till 12.30pm (lunch will be served around 11:30)

Lunch: Sausage Sizzle, Pulled Pork burgers & Fruit platters

Please RSVP by Friday 25th August

If anyone has any special dietary requirements please let us know.

