

yarrunga EARLY LEARNING CENTRE

SEPTEMBER NEWSLETTER 2020

DATES FOR THE DIARY

SEPTEMBER 2020

Management Committee Meeting

Wednesday 16th September

@7.30pm

Yarrunga can now be followed
on Facebook and Instagram



COVID-19 Practices at Yarrunga

Physical Distancing	Hand Hygiene	Unwell, Stay Home
		
<ul style="list-style-type: none">• Use of separated Sign-in stations• Observe pedestrian pathways• Avoid congestion at gates and doorways• If possible, limit attendance to one parent/carer for pickup/drop off	<ul style="list-style-type: none">• Sanitise hands prior to operating front gate and sign in iPad. Should you cough/sneeze/touch your face, please re-sanitise• Assist your child in washing their hands on arrival to room and prior to engaging in play	<ul style="list-style-type: none">• If your child is unwell, please keep them home• Please support our Educators when the decision is made to send a child home as it is made to protect the health and wellbeing of all



WET BAGS

We have several wet bags left, if anyone would like one or two please see Karen or Lisa in the office, they are \$5 each.

CHILDREN'S T-SHIRTS & JUMPERS

If you would like to order a t-shirt or shirts or jumpers for your child/ren, order forms will be available in the office -
Shirts \$12.00, Jumpers \$25 each
Please see Lisa or Karen



WE WELCOME YOUR FEEDBACK!

How can we make our newsletter better?

What information would you like us to include?

Call us on: (02) 60217597

Or EMAIL admin@yarrunga.com.au



Sick Children Procedure:

With our numbers returning to normal and cold and flu season upon us, we have received a few questions about when to keep your children home. Please keep your children home if they have any of the following symptoms:

- A high temperature (above 38 degrees)
- Unusual and undiagnosed spots and rashes
- Severe cold, sneezing/ runny nose
- Mucous discharge from the nose (thick, green, or bloody)
- Persistent or prolonged coughing
- Breathing difficulty (breathing very quickly, panting, or noisy, rattling breathing)
- Unusually tired, pale, irritable or lethargic
- Red, swollen or discharging eyes
- Vomiting/ loose bowl motion
- Headache/ stiff neck
- Trouble swallowing, dry mouth/ sore throat
- Loss of appetite

We may also ask you to collect a child with minor symptoms who is not coping at Yarrunga.

Yarrunga Policies:

Just a reminder to families and for all our new family's information - our policies can be accessed on our website www.yarrunga.com.au and the password is 2640



Congratulations to our Yarrunga families that have welcomed a baby boy and brother to their families -

Olivia, Ben and Frankie - Lenny

Melissa, Hedley and Bowie - York

NURSERY ROOM NEWS

We have finally been enjoying the beautiful sunshine and making the most of our inside /outside play which is determined by our children's voices. Our nursery yard is a great place to be at this time of year as it does not get too hot or too cold. We have a mini obstacle course both inside and outside for our children to continue to develop their gross motor skills. It is great to see our toddlers pushing and pulling toys with wheels up and down the ramp. It takes a great deal of strength and coordination to negotiate the slope specially to stop it from rolling away on the way down. Lots of interest is shown in the sandpit making sandcastles and moulds as well as using our imagination through pretend cooking. It is good to see some of the culinary skills taught at home and at Yarrunga being included in the children's play. Bugs and insects with natural resources have been added to our outdoor environment extending our interest with living things and our appreciation of our herb garden. We are intentional teaching the children to care for our plants through watering and being gentle. We are seeing a change in our children's attention span now that we are approaching the end of the year. They can stay focussed for longer and concentrate while practicing their fine motor ie: working on puzzles and building with open ended construction.

Please keep sending in a couple of changes of clothing, layers are good so that we can make your children comfortable with the ever-changing weather.



Nicole, Lesley, Jay and Serena
Nurserytoddler@yarrunga.com.au

PRESCHOOL ROOM NEWS

We have welcomed the new season this month with open arms! During the morning's children have been settling well on drop off, as we have been able to commence the day's learning outside. As the weather is still adjusting, we ask that you please send your child in layers that they can remove as the day's warmth progresses or to have options to change into in their backpacks, please remember all t-shirts require covered shoulder protection. We ask that the children begin applying sunscreen prior to or on arrival at Yarrunga as we are now adhering to the SunSmart Policies.



Continuing with our woodwork and power tools, the pre-school educators have researched our options for children to have the best learning potential during the day whilst using these. We have found by changing the area to the top pre-school yard all children who are interested are now able to benefit from this to creatively construct their ideas and take turns.



The children over the month have progressed from our light and shadow investigations into colour and reflections with mirrors and the sun/light. The children have helped create butterfly/fairy wings and have experimented with the sun to see the reflections within the top yard. Children are using the coloured blocks to experiment with lights and colours to create and scaffold their learning to make towers and landscapes to express their ideas and creativity.



Krystine, Natt, Netty, Julie and Tash.
preschool@yarrunga.com.au

Recipe of the Month - Sweet Lamb Curry



Ingredients: 1 kg lamb mince, 500g frozen mixed vegetables, 1 onion chopped, 1.25 tablespoons curry powder, $\frac{1}{4}$ cup bbq sauce, 1 $\frac{1}{4}$ grated granny smith apples, $\frac{1}{2}$ cup sultanas, $\frac{1}{2}$ cup chicken stock, 1 tablespoon oil and 2 cups rice

Method: Heat oil and lightly sauté onions, add curry powder and mince, stir over moderate heat until brown, stir in bbq sauce, apples, sultanas, vegetables and stock, bring to boil and turn down heat gently simmer for approx. 20 mins - mixture should thicken slightly, while curry is cooking - cook rice

Sue is using feedback from children's food preference surveys in her menu planning. Please don't hesitate to inform your child's educator of any favourite meals from home which Sue can also include..

Educational Leader:

During September educators are continuing to reflect on the quality of the indoor and outdoor environments that we provide for children with a focus on how play and learning is consistently nurtured.

At our August staff meeting we identified two areas of strength that are embedded in our professional practices:

- All rooms implement simultaneous indoor/outdoor play
- All rooms plan for intentional and spontaneous learning using 'loose parts' and open-ended resources

These examples demonstrate how children's voices and inclusive environments are utilised to support children's dynamic and evolving learning styles through the flexible use of space and equipment. We will now reflect on how we can strengthen these ideals even further by exploring how children's autonomy and learning can be scaffolded through intentional mixed age interactions.

Thank you for your thoughtful responses to our Facebook polls over recent months. Your constructive feedback is always welcome and very much appreciated as it helps us to meet the values and needs of our families and children. Our most recent poll identified some of the strengths of our physical spaces and why you thought these were important, and I have used this feedback to plan for the next review phase of our physical environments.

Krystine

For the week 14th - 18th September we will again be participating in 'Footy Colours Day' supporting children with cancer.

In that week please dress your child/ren in their favorite AFL, NRL, rugby union or soccer jumper or guernsey and use the link below to make your donation.

<https://footy-colours-day-2020.raisely.com/donate>



JUNIOR PRESCHOOL NEWS



Welcome to the September edition of the JPS newsletter! We hope this entry finds everyone well and enjoying the ever-increasing sunshine and warmth.



As per our SunSmart Policy, when the UV index reaches above 3, children and teacher / educators are required to wear hats. Commencing next week, we will also be wearing sunscreen for outside play. It would be greatly appreciated if families could please apply this either at home or on arrival in the morning. Whilst Yarrunga provides sunscreen, if your child is unable to wear the commercial brand that we provide, we will need for you to please bring in your own from home.



Father's Day this year has had us re-evaluating how we celebrate this event, whilst ensuring that activities offered are relevant, child-focused, and not merely a part of a larger "production line" of gifts. Class members were invited to participate and given choices of what they would like to create, with everyone eager to join in, sometimes after watching what their peers were making.

Thanks to families who have donated boxes, tubs, and cardboard tubes, many of these have been put to great use for our box collage projects, with engineers and architects devising and building some brilliant 3D structures.



Upcoming events: Next week (Monday 7th - Friday 11th September) - Class photos. The aim of these is for the children to be comfortable and to be a sincere and realistic depiction of their time at Yarrunga, as opposed to more formal and structured studio portrait sittings. This will capture their personality and unique spirit and be a timeless and precious keepsake (Alana and Em still have theirs!).

Monday 14th - Friday 18th September - Footy Colours Week. Please see our Facebook page for more information.

Wishing all the dads, grandfathers, uncles, and mums pulling a double shift, a very happy Father's Day on Sunday.

Alana, Chrissy, Emma, Julie, Tash and Robyn

juniopreschool@yarrunga.com.au



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NO FOOD FROM HOME! A reminder that we have children attending Yarrunga with severe allergies to egg, dairy, nut, and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home.

If you are bringing treats to share for your child's birthday, please check with room educators for allergies prior.

If parents have any concerns or complaints, please follow the attached *Grievance Policy*

Grievance Policy

1 Informal Resolution of Grievances

Initially any grievance raised will be approached in an informal manner. (Informal Procedure for Resolution of Grievance). If required, an appointment time with the Centre Director and/or President of the Management Committee Kathryn Chandler (phone 0457 717 624) to discuss the grievance can be arranged.

2 Formal Resolution of Grievances

2.1 In the event informal processes are unable to be used or informal processes fail to achieve a satisfactory outcome for any of the parties involved in the grievance, the formal process will then be used. Determining whether the grievance will be handled formally is at the discretion of the Director/President of Management Committee based on feedback from the concerned parties at the conclusion of the informal stage (Formal Procedure for Resolution of Grievance).

2.2 **When a formal resolution of grievance is pursued, all interactions must be documented by the Director (Complaint form), signed (by Director and or parties involved), and a copy given to each party concerned.**

2.3 Any allegation that the safety, health or wellbeing of a child has been compromised, or relating to a staff member, the details of action taken in response to a complaint will be recorded and kept in a confidential place.

3 Regulatory Authority – ACECQA

3.1 The Nominated Supervisor or Certified Supervisor will notify (within 24 hours of the complaint being made) ACECQA of a complaint that alleges

- a serious incident has occurred or is occurring while a child is being educated and cared for by Yarrunga.
- the National Law and/or National Regulations have been contravened.

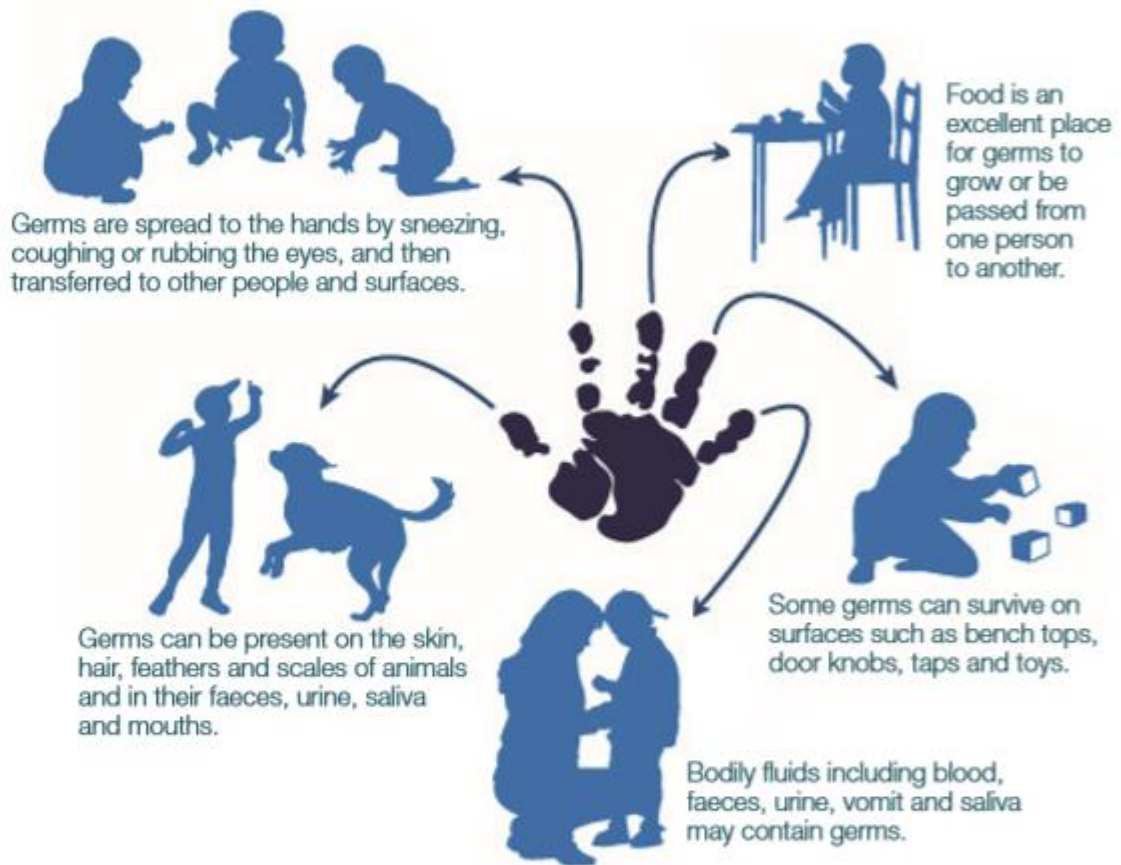
The required Forms to be completed are;

Notification of Complaints and Incidents (Other than serious Incidents) as required by the Education & Care Services National Regulations – through the National Quality Agenda IT System (NQA IT System). Log in to access the portal.

A scanned copy of the written complaint will be uploaded prior to submitting the form electronically.

The role of hands in the spread of infection

STAYING HEALTHY | 5TH EDITION | 2013



Hand hygiene

You can prevent the spread of disease by performing **hand hygiene** by:



washing hands with soap and water or using an alcohol-based hand rub.

NHMRC Ref. CH55 Printed June 2013



Australian Government
National Health and Medical Research Council

NHMRC

WORKING TO BUILD A HEALTHY AUSTRALIA