

# yarrunga EARLY LEARNING CENTRE

## MAY NEWSLETTER 2020

### DATES FOR THE DIARY

**MAY 2020**

Mother's Day - Sunday 10<sup>th</sup>

May

Management Committee

Meeting Wednesday 20<sup>th</sup>

May @7.30pm

### Fees

On the 2<sup>nd</sup> April, the Prime Minister announced that from Monday 6<sup>th</sup> April Childcare would be free for all families.

You will not be charged fees from 6<sup>th</sup> April; this is regardless of whether you continue to send your children to Yarrunga or keep them at home. If you are keeping your children at home, you will remain enrolled at Yarrunga and your position will be held until you recommence care.

Statements will not be sent during this period.

We trust that this provides some much-needed relief for our families at this uncertain time. Please do not hesitate to see Lisa or Karen if you have any questions.

Yarrunga can now be followed on Facebook and Instagram



### WET BAGS

We have several wet bags left, if anyone would like one or two please see Karen or Lisa in the office, they are \$5 each.

## CHILDREN'S T-SHIRTS & JUMPERS

If you would like to order a t-shirt or shirts or jumpers for your child/ren, order forms will be available in the office - Shirts \$12.00, Jumpers \$25 each

Please see Lisa or Karen



## NURSERY/TODDLER NEWS

Hello Families,

We are welcoming more and more families back as they return to Yarrunga it is great to see you all!!!

We have been exploring with lots of different painting techniques ball painting, butterfly painting, wall painting, and we have been loving these sensory experiences.



We are after some cardboard tubes if anyone can donate some (not toilet rolls please) to do some more art experiences.

As the weather is cooling down please send some warm clothing and label them please.

We have also been out riding the bikes on the ramp the children are very quick and can manoeuvre the

bikes around the corners well.

We wish all our mums and special ladies in our lives a happy Mother's Day have a great weekend.



Nicole, Lesley, Jungeun and Serena  
[Nurserytoddler@yarrunga.com.au](mailto:Nurserytoddler@yarrunga.com.au)



## MOTHER'S DAY

Unfortunately, our Mother's Day morning tea at Yarrunga was cancelled but we hope all our Mothers

had a very special day.

## PRESCHOOL ROOM NEWS

During this month we have seen numbers return to full capacity within our room, welcome back to these families. At this stage we will continue to follow health/ hygiene guidelines set by the government bodies and the department of increased cleaning and educator's will continue to serve children their food at mealtimes. Soon, we hope that children will be able to resume their interdependence and autonomy to serve themselves furthermore.



This month educator's will also be reviewing our daily routine to facilitate and support children engaging in learning taking place within the pre-school room.

We will now stagger mealtimes with a rotating small table of about eight children. This will allow the opportunity for children to make choice and afterwards return to ongoing play that is happening. Such as our marble runs and sandpit constructions.

Thank you to the families who have supported their children with bringing in bikes and scooters. At this stage we ask that they now stay home until further restrictions are lifted and we can venture out into our wider community.



Krystine, Natt, Netty, Julie, Belle and Robyn.

[preschool@yarrunga.com.au](mailto:preschool@yarrunga.com.au)



### Recipe of the Month - Meatloaf Cupcakes with Mashed Potato

**Ingredients:** Meatloaf - 500g minced beef, 1 grated onion, 2 small grated carrots, 2 eggs,  $\frac{1}{4}$  cup grated parmesan cheese,  $\frac{1}{4}$  cup tomato sauce, 1 cup breadcrumbs, 1 tsp garlic powder. 1 tsp dried oregano, 1 tsp dried thyme, 1 tsp salt and add pepper.

**Mashed Potato** - 2 large or 3 medium potatoes, 1 tbsp butter,  $\frac{1}{2}$ -1 cup milk

**Method: Meatloaf** - Preheat oven to 180c, spray 8-hole muffin tin, grate onion and carrot straight into a large bowl, add remaining ingredients and mix well. Scoop  $\frac{1}{2}$  cup of mince and use hands to form a rough ball shape, press into muffin tin, repeat with remaining mince, and bake for 20-25 minutes until browned on top -remove from oven.

**Mashed Potato** - peel and dice potato, steam, or boil until soft, drain, add butter and  $\frac{1}{2}$  cup of milk, mash - needs to be creamy but stiff enough to hold shape.

**Assemble:** smear a dollop of tomato sauce on meatloaf and top with mashed potato and serve with a sprinkle of parsley.



Congratulations to our Yarrunga family that has welcomed a new addition to their family -

Trish, Russell, Aiden and Jack - welcome a baby boy and brother Thomas

### Children's Photos for this year

McCormack Photography were booked for the week starting 11<sup>th</sup> May 2020, this has been postponed and we will let you know when the new date will be.



**NO FOOD FROM HOME!** A reminder that we have children attending Yarrunga with severe allergies to egg, dairy, nut, and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home.

If you are bringing treats to share for your child's birthday, please check with room educators for allergies prior.



## JUNIOR PRESCHOOL NEWS

Here we are again! Our new, or current 'normal' is slowly, but surely returning to normal, with our JPS enrolment numbers slowly picking up and friends returning to Yarrunga. Please keep us updated about changes to your booking needs.

Nature continues to enthral our budding entomologists, with children being delighted with the discoveries of various minibeasts around the yard. With the rain and cooler weather, the millipedes have been plentiful! When the Juniors happen upon these critters, it is a perfect opportunity to discuss the importance of nature and promote respect for the garden creatures, using "gentle hands". The other afternoon we rescued a bee and safely relocated it from the pavers to a flower. This allowed for a dialogue about how vital bees are in terms of pollinating flowers and producing fruit and vegetables, as well as making the honey that some of them eat at home.

Extending on the children's recent (and ongoing) interest in the scooter bikes in our Outdoor Curriculum, many learners are electing to bring trikes and scooters in from home for use during the day. This has been a brilliant opportunity for class members to practice and refine their sharing skills, as many children are eager to test out the cool wheels of their peers.



With the sudden drop in temperature lately, please remember to ensure that your child has a spare warm, seasonally-appropriate change of clothes packed in their bag. Please feel free to also pack a scarf, beanie and winter jacket for outside play. Unless the weather is extremely unpleasant, we endeavour to spend time engaged in outdoor play daily.

Art and drawing have been activities requested by many children, with chalk drawing being requested whilst engaging in outside play. This has seen a collaborative approach to their creativity, as many participants enter and exit the spontaneous learning experience and add to the designs of their peers.





The sandpit has been another area of interest for the group, in some unusual and unconventional ways! While there is still a good deal of cooking and gross motor play with digging and truck play, the addition of a climbing frame and later, a wooden plank has invited a whole new realm of physical play and challenges!



We have also been investigating some alternative ways of story-telling, including puppets; songs; and the ever-popular books on CD.

Later this month we will be celebrating Reconciliation Week, looking at different Indigenous stories and continuing our exploration of the Wiradjuri language.

Wishing all the mothers, grandmothers, aunties and 'surrogate' mothers a very happy Mother's Day this weekend! We hope that you got spoilt and enjoyed your special day.



Until the next time! Have a lovely month everyone.

Alana, Chrissy and Emma

[juniorpreschool@yarrunga.com.au](mailto:juniorpreschool@yarrunga.com.au)

If parents have any concerns or complaints, please follow the attached *Grievance Policy*

## Grievance Policy

# 1 Informal Resolution of Grievances

Initially any grievance raised will be approached in an informal manner. (Informal Procedure for Resolution of Grievance). If required, an appointment time with the Centre Director and/or President of the Management Committee Kathryn Chandler (phone 0457 717 624) to discuss the grievance can be arranged.

# 2 Formal Resolution of Grievances

2.1 In the event informal processes are unable to be used or informal processes fail to achieve a satisfactory outcome for any of the parties involved in the grievance, the formal process will then be used. Determining whether the grievance will be handled formally is at the discretion of the Director/President of Management Committee based on feedback from the concerned parties at the conclusion of the informal stage (Formal Procedure for Resolution of Grievance).

**2.2 When a formal resolution of grievance is pursued, all interactions must be documented by the Director (Complaint form), signed (by Director and or parties involved), and a copy given to each party concerned.**

2.3 Any allegation that the safety, health or wellbeing of a child has been compromised, or relating to a staff member, the details of action taken in response to a complaint will be recorded and kept in a confidential place.

# 3 Regulatory Authority – ACECQA

3.1 The Nominated Supervisor or Certified Supervisor will notify (within 24 hours of the complaint being made) ACECQA of a complaint that alleges

- a serious incident has occurred or is occurring while a child is being educated and cared for by Yarrunga.
- the National Law and/or National Regulations have been contravened.

The required Forms to be completed are;

**Notification of Complaints and Incidents (Other than serious Incidents)** as required by the Education & Care Services National Regulations – through the National Quality Agenda IT System (NQA IT System). Log in to access the portal.

A scanned copy of the written complaint will be uploaded prior to submitting the form electronically.



Australian Government  
Department of Education,  
Skills and Employment

## Services Australia is asking parents to update income estimates for 2020-21

Dear Provider

Please forward the below information to your families.

Families who are eligible to receive Child Care Subsidy payments from Centrelink may be asked to provide their family income estimate for the 2020-21 financial year.

If you receive questions from families, you should encourage them to visit the [Services Australia](#) website.

Kind regards  
Stakeholder Engagement and Education Team

---

Dear Families

If you are eligible to receive payments from Centrelink, such as Child Care Subsidy (CCS) and Family Tax Benefit (FTB), you may be asked to provide your family income estimate for the 2020-21 financial year.

You need to do this even though you aren't currently paying child care fees. This is because Centrelink will use this estimate to work out how much CCS and FTB you will get **next financial year.**



# Live Life Well @ School

## HEALTHY BALANCED LUNCHBOXES

Pack the core food groups every day to help kids...

### GO

Wholegrain breads, grains and cereals give us energy to "go go go". Mix it up with sandwiches, rice or pasta.

### GROW

Protein foods (dairy, meat/alternatives) help us grow healthy muscles, bones and teeth. Examples include egg, cheese, yoghurt, hummus, lean ham or tuna.

### GLOW

Help kids shine bright by including fruit and vegetables. Try veggie sticks, salad in a wrap, fresh or canned fruit.

*Choose to include water as the best drink!*

For Go, Grow and Glow lunchbox ideas, visit [makehealthynormal.nsw.gov.au](http://makehealthynormal.nsw.gov.au)



Health  
Northern Sydney  
Local Health District

# Live Life Well @ School

## FRUIT, VEGETABLE AND WATER BREAK



### Budget crunching

Buying fruit and vegetables in season often means they will be cheaper and better quality.

May	June
<b>Fruit:</b> apples, banana, grapefruit, grapes, kiwifruit	<b>Fruit:</b> banana, kiwifruit, mandarins, grapefruit
<b>Vegetables:</b> broccoli, carrot, cauliflower, mushrooms, potato, pumpkin	<b>Vegetables:</b> broccoli, carrot, cauliflower, potato, pumpkin

For a full seasonal calendar, search 'seasonal produce' at [healthykids.nsw.gov.au](http://healthykids.nsw.gov.au)



Health  
Northern Sydney  
Local Health District

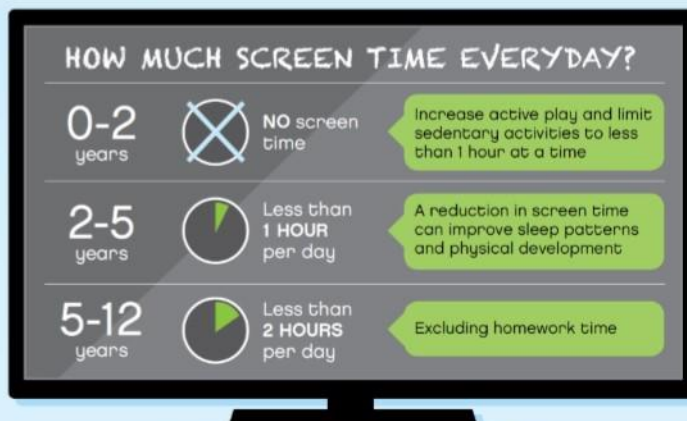
# Live Life Well @ School

## TURN OFF SCREENS + GET ACTIVE

Screens can be great for learning, play and communication.

Too much screen time can be unhealthy.

*Try to sit less and move more!*



\*\* Based on Australia's Physical Activity and Sedentary Behaviour Guidelines 2014

### Types of screens?



Based on WSJHD Screen Time poster

More information at:  
[healthykids.nsw.gov.au](http://healthykids.nsw.gov.au)



Health  
Northern Sydney  
Local Health District