

DATES FOR THE DIARY

July 2021:

Management Committee
Meeting Wednesday 21st @
7.30pm

Pyjama week 19th-23rd July



JULY NEWSLETTER 2021



Yarrunga can now be followed on Facebook and Instagram

CHILDREN'S T-SHIRTS & JUMPERS

If you would like to order a t-shirt or shirts or jumpers for your child/ren, order forms will be available in the office - Shirts \$12.00, Jumpers \$25 each

Please see Lisa or Karen



WE WELCOME YOUR FEEDBACK!

How can we make our newsletter better?

What information would you like us to include?

Call us on: (02) 60217597

Or EMAIL admin@yarrunga.com.au



YOUR FEEDBACK MATTERS

Families

Please check to make sure that you are paying the correct fees each week, as the CCS rebate can change without notice you need to regularly check your weekly statement to know what your weekly gap is.



We wish to share with you the Julie has made the difficult decision to resign from her position as educator in the Junior Preschool room. We thank Julie for her contributions to Yarrunga over the last 4 years. We will be sad to see her leave and wish her all the best for the future.



Congratulations to our families that have welcomed baby girls to their families:

Megan, Mark, Ava, Noah & Lachlan - Chloe

Julia, Glen & Eddie - Ida

Rhianna, Rob & Xavier - Alice

Jane, Ray & Josef- Alice

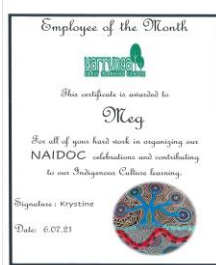


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NO FOOD FROM HOME! A reminder that we have children attending Yarrunga with severe allergies to egg, dairy, nut, and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home.

If you are bringing treats to share for your child's birthday, please check with room educators for allergies prior.



In recognition of the dedication to Early Childhood Education and Care that all Yarrunga educators and staff exhibit every day we have collectively decided to award a certificate for outstanding contribution each month to celebrate professional achievement.

We proudly announce that this month's award goes to our newest Yarrunga team member Meg. **WELL DONE MEG!**



Johnny cakes

Ingredients: 3 cups SR flour, 3 cups lukewarm water (more if needed) and Salt

Method: In a large mixing bowl add flour and salt, give a stir to combine.

Gradually add in water till it forms into a dough.

On a lightly floured bench, knead the dough for roughly 5 minutes. Cut dough into small balls and flatten down with palm of your hand, making them into a roundish shape. Make sure you do not make them too flat.

Fry off in some butter or oil until puffy and golden brown on both sides.

Enjoy with soup, stew, jam, golden syrup, or anything of your choice.

PRESCHOOL ROOM NEWS

By now families should have all received your Pre-schooler's mid-year progress report. Thank you for all the positive feedback that we have had in response to these. If you have not received this email, please speak to your child's Primary Carer and we can arrange for another copy to be sent out to you. Should you be interested in having a sit-down meeting with this educator, please let us know and we can schedule a meeting for a mutually suitable time.



Our NAIDOC Week 2021 celebrations were a smash hit! From various art and craft projects to Meg and Jodie's tasty bush tucker-themed menu on Tuesday. From Indigenous texts and stories of The Dreaming to exploration of various genres of First Nations music. Learners were also asked to reflect upon and share how they themselves

can help to heal Country. Despite a focus on NAIDOC Week (and the recent Reconciliation Week), Yarrunga continues to practice and seek to embed Indigenous perspectives into our everyday curriculum, through our daily Acknowledgement of Country, provision of learning resources and materials, and cultural-themed incursions.



Yarrunga's Smoking Ceremony was amazing, with children from across the Centre entranced by the small fire housed in a coolamon; the hazy, grey smoke dancing playfully from the twigs; and the delicious lemon-scent wafting over us from the gum leaves as they were waved in front of us. Darren's explanation that the smoke connects us and as it rises, reminds us that everything goes up, even when things feel bad, they get better, was a strong and powerful message.



A big thank you to Aedan, Will, Alfie, and Bowie, a small group of 2020 Yarrunga Preschool graduates who returned to visit us during the last week of their school holidays. Hosting two separate afternoon teas, our current class were eager to take in the wisdom of the Alumni, as they shared their experiences, both positive and negative about their transition to "big school" and various details that this has entailed. Thank you also to their Mums for generously donating their time to attend.



Leslie's Sustainability excursion to the local Teacup Gardens was a cross-Centre outing, enjoyed by everybody present. It was a lovely opportunity to head back into the local community and unfortunately, a follow-up visits for the next week had to be postponed due to uncooperative weather. We are looking forward

to returning to the gardens soon.

Over the past few weeks, class members have been able to further explore their interest in baking and food service, as we prepare afternoon tea for the Centre. At every opportunity, this has revolved around cakes! And who are we to discourage an interest and passion when asking "What can we cook for everyone?" Seriously, what kid (small and big!) can say no to cake?!



Just a reminder that if Preschool families have access to Facebook and are not yet connected to the Yarrunga Facebook page and / or the Yarrunga Preschool Group, please see Lisa to be sent an add request. These are both "closed" accounts and only people within the page and group can see content that is added.

Natt, Alana, Jay and Robyn
preschool@yarrunga.com.au

Educational Leader and NQS:



Our beautiful artwork created by Tamara Murray maramayartgmail.com has arrived just in time to be proudly displayed for our NAIDOC week celebrations.

A Physical Acknowledgement of Country has been goal of Yarrunga's for a very long time, and we are all so excited to see our dreams finally come to fruition.

Importantly, Tamara has ensured the artwork's individuality, uniqueness, and connectedness to Yarrunga. The large Morton Bay Fig central to the piece represents growth, the five circles reflect our core values and the steppingstones at the base of the tree show how Yarrunga supports the Holistic development of children. The footprints show tracks along the riverbed representing the many journeys' children experience during their time at Yarrunga. The white dot work at the bottom of the image continues the theme of building foundational roots that our children will carry with them for the rest of their lives.



NAIDOC week celebrations have inspired educators to examine how they can embed Aboriginal and Torres Strait Islander perspectives in their curriculums throughout the year. Children have enjoyed creating with natural materials and Indigenous colours, tasting Indigenous foods, exploring authentic artefacts, and learning language and dance. These experiences have supplemented Taylors Indigenous language and culture sessions and deepened our resolve to continue establishing environments that reflect the lives of the children and families using Yarrunga and the cultural diversity of the broader community. On Tuesday, our celebrations included an authentic Welcome to Country, Smoking Ceremony and traditional song / dance led by local Wiradjuri man Darren Wighton. Meg made yummy soup and johnny cakes which we all shared for lunch. It was very impressive to see how the children enacted what they now know and understand about Indigenous culture throughout the afternoon such as making music with boomerangs, caring for each other and using language in song and dance.

Krystine

JUNIOR PRESCHOOL NEWS

The month of June has been a busy one in the Junior Preschool room. Educators have all worked very hard to complete the children's midyear assessments. The wonderful responses from families have been greatly appreciated.

The children have been learning how to use tape dispensers and create and construct 3D structures using boxes that have been very kindly donated by our families. Thank you to those families for donating these different sized boxes for the children to use.

We were also given a very large box from 'The house of Chiropractic' that the children have really enjoyed using in a variety of ways. The boxes provide the children the opportunity to explore an open-ended activity where they use them for multiple purposes. The favourite was climbing inside and hiding.

For NAIDOC week we explored sand clay and used the children's handprints and seashells collected and very thoughtfully donated from beach holidays over the year.



Caolan's Mum kindly came in to hold a music experience with us. Her singing voice was so beautiful, we all listened and joined in eagerly. Caolan's family also donated some musical instruments. Thank you



Krystine, Deb, Chrissy, Tash & Jodie
juniorschool@yarrunga.com.au

NURSERY NEWS

Hi everyone,

The nursery children have been enjoying playing out in the preschool yard and we have been able to explore the top yard as well with our open gates procedure that allows the children to interact with siblings, peers and other educators and choose where they want to play and explore. This has been very beneficial for our older children who are two. Having access to all yards allows them to extend gross motor skills, social skills and develops their community involvement through play.

We were excited and happy to celebrate NAIDOC week and have made an ongoing wall display with our children and educator's handprints throughout the week. The children are very excited and continue to revisit the display to point out each other's artwork. We enjoyed the celebrations on Tuesday and the soup and Johnny cakes were a hit yummo!!!

We had a Tafe student with us for three days Erin completing some observations and looking at children's health and wellbeing for her course.

The weather has been cold and wet so please continue to send in layers and spare clothing labelled with your child's name please.

Everyone should have received their children's mid-year assessments there are a couple to be still sent, then we will be in contact to book in family meetings if needed 😊.

Thanks



Emma, Nicole, Lesley, Serena and Jung eun
nursery@yarrunga.com.au

Grievance Policy

If parents have any concerns or complaints, please follow the attached Grievance Policy

1 Informal Resolution of Grievances

Initially any grievance raised will be approached in an informal manner.
(Informal Procedure for Resolution of Grievance). If required, an appointment time with the Centre Director and/or

President of the Management Committee

Genna Richter (phone 0428109382) to discuss the grievance can be arranged.

2 Formal Resolution of Grievances

2.1 In the event informal processes are unable to be used or informal processes fail to achieve a satisfactory outcome for any of the parties involved in the grievance, the formal process will then be used. Determining whether the grievance will be handled formally is at the discretion of the Director/President of Management Committee based on feedback from the concerned parties at the conclusion of the informal stage (Formal Procedure for Resolution of Grievance).

2.2 When a formal resolution of grievance is pursued, all interactions must be documented by the Director (Complaint form), signed (by Director and or parties involved), and a copy given to each party concerned.

2.3 Any allegation that the safety, health, or wellbeing of a child has been compromised, or relating to a staff member, the details of action taken in response to a complaint will be recorded and kept in a confidential place.

3 Regulatory Authority – ACECQA

3.1 The Nominated Supervisor or Certified Supervisor will notify (within 24 hours of the complaint being made) ACECQA of a complaint that alleges

- a serious incident has occurred or is occurring while a child is being educated and cared for by Yarrunga.
- the National Law and/or National Regulations have been contravened.

The required Forms to be completed are;

Notification of Complaints and Incidents (Other than serious Incidents) as required by the Education & Care Services National Regulations - through the National Quality Agenda IT System (NQA IT System). Log in to access the portal.

A scanned copy of the written complaint will be uploaded prior to submitting the form electronically.

Time Savers ...

Take the hard work out of school lunches by making a plan and following some of these tips

Plan a lunch box menu for the week ahead. Get your children to help decide what they would like in their lunch box.

Prepare some foods at the start of the week:

- Have a regular day to make some foods ahead of time and freeze or refrigerate until ready to use eg, zucchini slice, fried rice, dips, stuffed baked potatoes
- Boil some eggs and store in the fridge in their shells
- Portion out dry foods into smaller containers eg, rice crackers, popcorn, dried fruit, trail mix.



The night before:

- Cut up veggie sticks and fruit such as melon, pineapple, berries and oranges and place in an airtight container in the fridge
- Wrap and pack cold items and store in the lunch box in the fridge
- Cut up fresh ingredients for sandwiches or wraps, ready to make fresh in the morning eg, shred lettuce, grate carrot, slice cucumber

Keep Fresh ...

Freeze water bottles half filled, then top up with cold water before school so there's liquid to drink

Use a thermos to keep food hot in winter or cold in summer eg soups, pasta, risotto, curry or smoothies and salads.

Ask children to keep their bag out of direct sunlight and away from heat

Use insulated lunch boxes or cooler bags

Pack a frozen drink bottle or freezer brick inside the lunch box next to food that should be kept cold, eg, cheese, yoghurt, meat and salads

Sources: <http://www.foodauthority.nsw.gov.au/consumers/life-events-and-food/kids/tips-for-lunch-boxes>, <http://planningwithkids.com/2009/01/29/preparing-school-lunches>

Produced by MLHD Health Promotion



Move More ...



Encourage your children to play
Set an example by being active yourself
Create opportunities for your children to be active



60min of moderate to vigorous intensity activity each day for 5-12 year olds [so that you huff and puff]

10 minutes Active playtime before school @ home or school + 20 minutes Walk or ride to and from school + 30 minutes Active play after school = 60 minutes

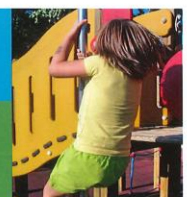


Fundamental Movement Skills
The building blocks for playing games, sports and fun activities. Examples include overarm throw, jump, catch and balance.

Ideas for Active Play
Running, skipping, trampoline, riding a bike, scooter or skateboard, swimming, frisbee, climbing, gymnastics, hopscotch, dancing, martial arts and organised sports.

Sit less ...

2 hours Use of electronic media for entertainment should be limited to **less than 2 hours** per day



Some activities, like reading and school work, may need to be done while sitting. The key is to find a healthy balance and limit time spent in front of a screen for fun. Screens include TV, computer games, iPad, LeapPad, surfing the Internet and smart phones.

Sources: Australian Physical Activity Guidelines for 5-12 year olds; Andrew May, Sydney Morning Herald; www.free2getphotos.net; Munch & Move Resource Manual, NSW Health.

Produced by MLHD Health Promotion





NATIONAL

Pyjama Day

We're hosting a
Pyjama Party
#InMyPJs to raise
awareness for kids in
foster care!



Time & Date: Monday 19th July → Friday 23rd July

Contact:

Location: Yarrunga Early Learning Centre

Phone:

[DONATE TODAY](#)

nationalpyjamaday.com