



DATES FOR THE DIARY

JULY 2020

Management Committee Meeting
Wednesday 15th July @7.30pm

JULY NEWSLETTER 2020

FEES:

The Australian Government has announced that the Child Care Relief Package will cease as of the 12th July 2020. This will mean that from Monday 13th July 2020 families will again be paying for their children's childcare. We will be charging families, as previously, on a Monday for their week and will send the statements out on Wednesdays. If you have any questions, please do not hesitate to contact Lisa or Karen on 60217597 or admin@yarrunga.com.au.

Yarrunga can now be followed on Facebook and Instagram



WET BAGS

We have several wet bags left, if anyone would like one or two please see Karen or Lisa in the office, they are \$5 each.

CHILDREN'S T-SHIRTS & JUMPERS

If you would like to order a t-shirt or shirts or jumpers for your child/ren, order forms will be available in the office -
Shirts \$12.00, Jumpers \$25 each

Please see Lisa or Karen



WE WELCOME YOUR FEEDBACK!

How can we make our newsletter better?

What information would you like us to include?

Call us on: (02) 60217597

Or EMAIL admin@yarrunga.com.au



YOUR FEEDBACK MATTERS

Sick Children Procedure:

With our numbers returning to normal and cold and flu season upon us, we have received a few questions about when to keep your children home. Please see the below list of symptoms to watch out for from our Sick Children Procedure.

- A high temperature (above 38 degrees)
- Unusual and undiagnosed spots and rashes
- Severe cold, sneezing/ runny nose
- Mucous discharge from the nose (thick, green, or bloody)
- Persistent or prolonged coughing
- Breathing difficulty (breathing very quickly, panting, or noisy, rattling breathing)
- Unusually tired, pale, irritable or lethargic
- Red, swollen or discharging eyes
- Vomiting/ loose bowl motion
- Headache/ stiff neck
- Trouble swallowing, dry mouth/ sore throat
- Loss of appetite

We may also ask you to collect a child with minor symptoms who is not coping at Yarrunga.

NURSERY/TODDLER NEWS

Hello everyone welcome to July, it has been nice and fresh outside, so we need to keep rugging up in those layers. We have had some parents that haven't been receiving our weekly nursery newsletter this comes out every Friday, so if you are not receiving this please let us know so we can add you to the email.

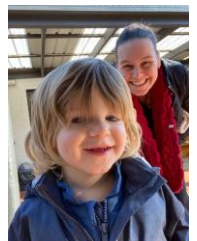
We have been able to get outside and we thank the other rooms for sharing their play spaces with us.

We are still collecting cardboard tubes for arts and craft and also looking to extend our loose parts so if you have any old kitchen utensils, baskets, scarves, containers like spice containers (not glass), wooden curtain rings, we would love you to bring them in.

Our children are meeting developmental milestones and discovering so much, we are taking risks climbing on the rocks outside and working out how to get down.

We also have a few children transitioning between rooms now and we are working together with the Junior room to keep this smooth and easy.

Thanks everyone



Nicole, Lesley, Jungeun and

Serena Nurserytoddler@yarrunga.com.au

PRESCHOOL ROOM NEWS



Key learning during June has centred around Identity and Physical wellbeing. Lisa donated a mirror for our room which immediately inspired a group reflection on diversity and difference as the children observed their images and those of their friends in the mirror. We created a facial outline for those interested in comparing their facial features which slowly evolved into further exploration of culture with the addition of a 'make up' station (thank you to Alfie's mum) and some 'hair props' (thanks to Jesse's mum). Carly added some high heels and both children and educators have been enjoying the opportunity to dress up and pretend.



To highlight the children's ongoing interest in managed risk taking we have included some ratchet straps to our outdoor environment to promote skills of resilience, balance, strength, and coordination. It has been fantastic to see children participate at their own level as they have calculated the risk to their individual abilities and practiced extending their abilities in a supported environment. Interest in the monkey bars has also increased and a simple move of the equipment has now encouraged team monkey swinging and jumping.



Our large outdoor blocks continue to support group learning through collaborative building projects including cubby houses and numerous vehicles. There has even been a reference to the police blockades in light of the current pandemic situation in Melbourne! Educators followed this up with children by using our local newspaper to examine the effects on our local community.

To further extend interest in construction and managed risk-taking we have introduced woodworking power tools. For each child to have access to these we completed a risk assessment with the group then revisited protective behaviours individual through and induction process and issue of a white card!

Krystine, Lynette, Nat, Julie, and Robyn
preschool@yarrunga.com.au



Recipe of the Month - Mince and Beans Mexican Style

Ingredients: 2.75kg good quality beef mince, 2 chopped onions, 2 crushed garlic gloves, 1 x 800g can chopped tomatoes, 2 chopped green capsicums, $\frac{1}{2}$ cup "no added salt" tomato paste, 2 beef stock cubes or 2 teaspoons

beef stock powder, 2 x 400g cans red kidney beans - drained, $1\frac{1}{2}$ cups red lentils, 200g crushed corn chips, 3 cups (300g) fat reduced grated cheese, 4 T oil & 500g whole meal pasta.

Method: Cook and drain pasta. Heat oil in large pan and lightly brown mince and onions. Add garlic, tomatoes, capsicums, tomato paste, red lentils, and beef stock. Bring to boil, turn down and simmer gently for 20-30 minutes. Add kidney beans and simmer further 5 minutes. Divide cooked pasta between 2 greased baking dishes, top with mince mixture then sprinkle with crushed corn chips and grated cheese. Reheat in moderate oven 180c.

Yarrunga Policies:

Just a reminder to families and for all our new family's information - our policies can be accessed on our website www.yarrunga.com.au and the password is 2640



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NO FOOD FROM HOME! A reminder that we have children attending Yarrunga with severe allergies to egg, dairy, nut, and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home.

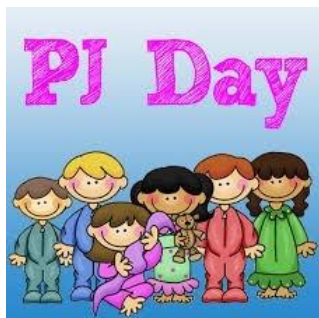
If you are bringing treats to share for your child's birthday, please check with room educators for allergies prior.

Yarrunga will participate in Pyjama Week from Monday 13th - Friday 17th July 2020.

Your child/ren can come in PJ's for the whole week if you wish or just for a day.

Pyjama Day supports Children in Foster Care

To donate follow the link supplied in the Facebook Group or go to <https://the-pyjama-foundation.giveeasy.org/campaigns/yarrunga/>



JUNIOR PRESCHOOL NEWS

As the calendar ticks over to July, we can only hope that the second half of the year is a happier and brighter one for our families and community.

Here in the JPS Room however, it has been business as usual, and our learners have been eager to get down to the hard work of exploratory play!



As the children mature, their social connections are continuing to evolve in increasingly complex ways. Establishing and maintaining friendships has been a common parental goal for many children in the room and it is certainly something that we actively promote here at Yarrunga, both within rooms, as well as throughout the Centre as a whole, with orientations; room visits for siblings; and utilising the communal 'Bottom Yard'. While it is not usually until children are Preschool-aged that they can differentiate between a friend and a peer, the younger that skills are introduced, promoted and embedded, the better for the child.

Some useful and relevant websites for practical information on this topic include:

<https://healthyfamilies.beyondblue.org.au/age-1-5/social-and-emotional-development/developing-friendships>

<https://raisingchildren.net.au/preschoolers/behaviour/friends-siblings/preschoolers-making-friends>

There has been a good deal of interest lately in cause-and-effect play, with class members investigating gravity. During play, children have experimented with racing objects down ramps; sending props flying, as they dropped and bounced from the pole-protector; and launching balls off the stepper plank.



A massive thank you to the Pre-schoolers for including us in your adventurous risk-taking experiences. The bravery of our group members has been shown time and time again in their eagerness to pursue the physical challenges set up in the top yard and is most impressive. From a flying fox to high ropes course, these adrenaline junkies were up for the challenges provided for the "big kids"!



Looking forward to a warm, cosy and snuggly week ahead as we wrap up in our jammies to raise money for children in foster care.

Have a great month. Until the next time,

Alana, Chrissy and Emma

juniopreschool@yarrunga.com.au

If parents have any concerns or complaints, please follow the attached *Grievance Policy*

Grievance Policy

1 Informal Resolution of Grievances

Initially any grievance raised will be approached in an informal manner. (Informal Procedure for Resolution of Grievance). If required, an appointment time with the Centre Director and/or

President of the Management Committee

Kathryn Chandler (phone 0457 717 624) to discuss the grievance can be arranged.

2 Formal Resolution of Grievances

2.1 In the event informal processes are unable to be used or informal processes fail to achieve a satisfactory outcome for any of the parties involved in the grievance, the formal process will then be used. Determining whether the grievance will be handled formally is at the discretion of the Director/President of Management Committee based on feedback from the concerned parties at the conclusion of the informal stage (Formal Procedure for Resolution of Grievance).

2.2 When a formal resolution of grievance is pursued, all interactions must be documented by the Director (Complaint form), signed (by Director and or parties involved), and a copy given to each party concerned.

2.3 Any allegation that the safety, health or wellbeing of a child has been compromised, or relating to a staff member, the details of action taken in response to a complaint will be recorded and kept in a confidential place.

3 Regulatory Authority – ACECQA

3.1 The Nominated Supervisor or Certified Supervisor will notify (within 24 hours of the complaint being made) ACECQA of a complaint that alleges

- a serious incident has occurred or is occurring while a child is being educated and cared for by Yarrunga.
- the National Law and/or National Regulations have been contravened.

The required Forms to be completed are;

Notification of Complaints and Incidents (Other than serious Incidents) as required by the Education & Care Services National Regulations – through the National Quality Agenda IT System (NQA IT System). Log in to access the portal.

A scanned copy of the written complaint will be uploaded prior to submitting the form electronically.

Educational Leader:

During June we have been reviewing Yarrunga's philosophy with input from educators, children, and families. Educators commenced this process by also reviewing their own personal professional teaching and learning philosophies which we linked to the core principals of Yarrunga's Philosophy during our July staff meeting.

Thank you to the families who were able to contribute their thoughts relating to risk-taking in our environment via the face book poll. To date this has been the greatest number of responses to a Quality Improvement Review question we have received, and it appears that Facebook is a convenient and accessible way for families to participate. We are constantly looking at ways we can include your input and if you have any suggestions, no matter how small, please do not hesitate to pass these on to Lisa or your child's educators.

Thank you
Krystine

Dear Families

[Child Care Subsidy \(CCS\) is starting again](#) on 13 July 2020.

If you were receiving CCS before 6 April 2020, it will automatically start again if you've stayed eligible and your enrolment is current and confirmed.

Follow these five steps to make sure you've stayed eligible and receive the right amount of CCS:

1. Give Centrelink your [2020–21 family income estimate](#) to receive the correct CCS percentage and avoid an overpayment.
2. Check your [activity hours](#) to receive the correct amount of hours of CCS per fortnight*.
3. Make sure your child meets [immunisation requirements](#).
4. Check your child's [enrolment details](#) are current with your child care service and re-enrol if you need to.
5. [Confirm your income for 2018–19](#) if you haven't already by 30 June 2020.

*From 13 July 2020, the Australian Government is easing the activity test for CCS. This means you may be able to apply for extra activity hours if COVID-19 has affected you. There will be more information about how to do this in July.

If you're [new to child care](#), you should [claim](#) CCS as soon as possible. From 13 July 2020, you'll pay full fees unless you're getting CCS.

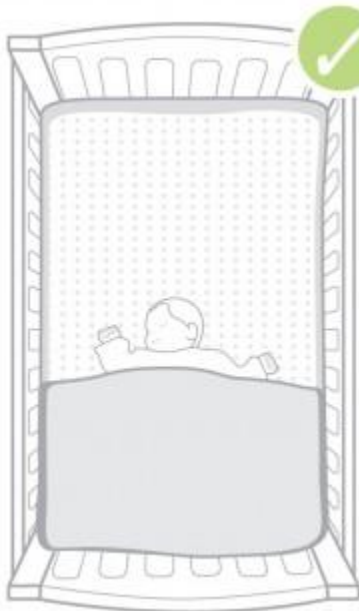
For more information, visit [Services Australia](#).

The Department of Education, Skills and Employment has created an information sheet for [families about the transition arrangements for the end of the Early Childhood Education and Care Relief Package](#) and the return to CCS.



What is a Safe Sleeping Environment?

A safe sleeping environment means that all potential dangers have been removed and the baby is sleeping in a safe place. The ideal place for a baby to sleep is in a safe cot, on a safe mattress, with safe bedding in a safe sleeping place, both night and day.



- **Safe cot**
[should meet current Australian Standard AS2172]
- **Safe mattress**
firm, clean, flat, right size for cot
- **Safe bedding**
soft surfaces and bulky bedding increase the risk of sudden infant death

Unsafe settings for baby's sleep-time include leaving baby unattended on an adult bed or bunk bed, placing baby on a waterbed, beanbag, couch, pillow or cushion, or with a sleeping adult or child on a couch, sofa or chair.

Keep baby's cot away from hanging cords such as blinds, curtains, or electrical appliances as they could get caught around baby's neck. Keep heaters or any electrical appliances well away from the cot to avoid the risk of overheating, burns and electrocution. Never use electric blankets, hot water bottles or wheat bags for babies.

<https://rednose.org.au>



Co-sleeping with your baby

Babies should be slept in their own sleep space, which is safest in a cot or bassinette. Some families choose to bring baby to bed with them, but this isn't always safe.

Read our advice below on how to do it more safely, to reduce your risk.

Tips for safer co-sleeping:

- Place baby on their back to sleep – never on their tummy or side



- Make sure the mattress is clean and firm
- Keep pillows and adult bedding away from baby
- Make sure baby can't fall off the bed– you can also put the adult mattress on the floor to help reduce the risk of baby being injured from falling off the bed.
- Make sure your bedding and sheets can't cover baby's face
- Place baby to the side of one parent – never in the middle of two adults, or next to other children or pets
- Move the bed away from the wall – so baby can't get trapped between the bed and the wall

- Dress baby in a safe sleep bag with no hood but with a fitted neck and armholes – don't wrap or swaddle baby
- Tie up long hair, remove all jewellery and remove teething necklaces – so they can't strangle baby.

When not to co-sleep:

You should never co-sleep or lie down holding baby if:

- You are overly tired or feel unwell
- You or your partner have recently drunk alcohol
- You or your partner smoke, even if you don't smoke in the bedroom
- You or your partner have taken any drugs that make you feel sleepy or less aware
- Baby is unwell, was premature or is small for their gestational age.