

# yarrunga EARLY LEARNING CENTRE

## AUGUST NEWSLETTER 2020

### DATES FOR THE DIARY

**AUGUST 2020**

Management Committee Meeting  
Wednesday 19<sup>th</sup> August @7.30pm

Yarrunga can now be followed  
on Facebook and Instagram



### COVID-19 Practices at Yarrunga

Physical Distancing	Hand Hygiene	Unwell, Stay Home
 <ul style="list-style-type: none"> <li>• Use of separated Sign-in stations</li> <li>• Observe pedestrian pathways</li> <li>• Avoid congestion at gates and doorways</li> <li>• If possible, limit attendance to one parent/carer for pickup/drop off</li> </ul>	 <ul style="list-style-type: none"> <li>• Sanitise hands prior to operating front gate and sign in iPad. Should you cough/sneeze/touch your face, please re-sanitise</li> <li>• Assist your child in washing their hands on arrival to room and prior to engaging in play</li> </ul>	 <ul style="list-style-type: none"> <li>• If your child is unwell, please keep them home</li> <li>• Please support our Educators when the decision is made to send a child home as it is made to protect the health and wellbeing of all</li> </ul>



### WET BAGS

We have several wet bags left, if anyone would like one or two please see Karen or Lisa in the office, they are \$5 each.

### CHILDREN'S T-SHIRTS & JUMPERS

If you would like to order a t-shirt or shirts or jumpers for your child/ren, order forms will be available in the office - Shirts \$12.00, Jumpers \$25 each  
Please see Lisa or Karen



**WE WELCOME YOUR FEEDBACK!**

How can we make our newsletter better?

What information would you like us to include?

Call us on: (02) 60217597

Or EMAIL [admin@yarrunga.com.au](mailto:admin@yarrunga.com.au)

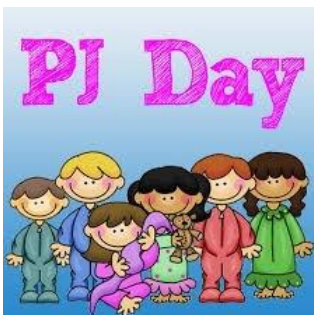


### Sick Children Procedure:

With our numbers returning to normal and cold and flu season upon us, we have received a few questions about when to keep your children home. Please keep your children home if they have any of the following symptoms:

- A high temperature (above 38 degrees)
- Unusual and undiagnosed spots and rashes
- Severe cold, sneezing/ runny nose
- Mucous discharge from the nose (thick, green, or bloody)
- Persistent or prolonged coughing
- Breathing difficulty (breathing very quickly, panting, or noisy, rattling breathing)
- Unusually tired, pale, irritable or lethargic
- Red, swollen or discharging eyes
- Vomiting/ loose bowl motion
- Headache/ stiff neck
- Trouble swallowing, dry mouth/ sore throat
- Loss of appetite

We may also ask you to collect a child with minor symptoms who is not coping at Yarrunga.



Thank you to all our Yarrunga families who participated in Pyjama Day, together we raised \$ 725 for children in foster care. What an amazing result!

### Yarrunga Policies:

Just a reminder to families and for all our new family's information - our policies can be accessed on our website [www.yarrunga.com.au](http://www.yarrunga.com.au) and the password is 2640

## NURSERY ROOM NEWS

Hello from the Nursery/Toddler room,

We have enjoyed meeting with our families to discuss midyear assessments through phone calls, face to face meetings and sorry we could not quite get Zoom happening, we are setting new goals for the children and are very excited to see what they all achieve. We celebrate lots of milestones in our room as the children grow and learn so quickly.

Thank you to families for donations of kitchenware and fabric for arts and crafts. It is great to have these resources, we are still sourcing utensils like spoons, spatulas to build up our loose parts.

We are really enjoying being outside and the weather has been very kind to us this season, the children are getting right into their gross motor and still enjoying climbing on the obstacle courses, we have also been using our bikes and taken them to the top yard to ride them around.

Please continue to send in extra clothing that has your child's name on it.



Our wonderful committee brought us a toddler kitchen set and our children absolutely love the new resource. We have had baby chinos, spaghetti, pasta, and all sorts of yummy creations to eat. It has been great for our imaginative play so a big thank you.

In the next couple of weeks, we will be working on putting together a herb garden for the nursery deck and working with Lynette our sustainability officer. We are going to use recycled milk bottles and fill them with herbs for a sensory experience and for the children to be able to help care for the plants.



Nicole, Lesley, Jungeun and  
Serena

[Nurserytoddler@yarrunga.com.au](mailto:Nurserytoddler@yarrunga.com.au)

## PRESCHOOL ROOM NEWS

We have welcomed new additions to our room with some new fish in our tank, after our pet yabby, Hermie, sadly passed away in June. We spoke with the children about death and let them express what they thought might have happened to Hermie once he died. It is a healthy topic of conversation to talk about with children, especially as Hermie was such a big part of the children's room, we had to let them know what happened to him as it is a part of life. Thank you to Karen who went to the pet shop to purchase the new rocks, the fish, and the plants for us. Thank you to John from Pet Barn who the children got to speak with online and helped recommend what type of fish we could have in our tank.



Challenges and risk taking are still a main part of our curriculum, with the ever changing and evolving ratchet straps. We have used the ratchet straps to make a big swing, quite like a flying fox, we have put the straps up higher, and we have also angled the straps to give an extra challenge. When our Nursery friends are sharing the yard with us, we lower them so that everyone, no matter their capabilities, can be involved in risk taking.



Continuing with our power tools, we have provided the children with the opportunity to sit and watch whilst waiting for their turn, and ample time for the children to work out how to use the hammers and drills.



The children have started a group project of a mini landfill to teach us about being sustainable, what breaks down in our environment, what lasts for their entire lifetime, and what things look like as they are decomposing. We have needed to water the soil daily and leave it in the sun to make sure that the bacteria are doing their job to break down what they can in our mini landfill.



All Mid-Year Summative Assessments have now been completed by the educators and are currently in the process of holding parent educator meetings to discuss the second half of the year. If at any time you are wanting to catch up with your child's primary carer, please let the educators in the room know and we will let you know when we can catch up with you. We are always here for you.

Krystine, Natt, Netty, Julie and Robyn.

[preschool@yarrunga.com.au](mailto:preschool@yarrunga.com.au)



### Recipe of the Month - Cauliflower Fried Rice

**Ingredients:** 1.5 tbsp oil, 3 minced garlic gloves,  $\frac{1}{2}$  finely chopped onion, 75g diced ham or bacon, 1.5 cups frozen diced carrots, peas, corn - or other diced veg of choice, 4 cups cauliflower rice (grate cauliflower until it's the size of rice), 2 eggs lightly whisked, 2 finely sliced green onions.  
**Sauce mix:** 1 tbsp mirin or Chinese wine, 1 tbsp oyster sauce or sub with Hoisin, 1.5 tbsp soy sauce and 1 tsp toasted sesame oil.

**Method:** Heat 1 tbsp oil in a large skillet over high heat, add garlic and onion - cook for 30 seconds, add ham - cook for further 1 minute to release flavour, add vegetables - cook 2 minutes until carrot is almost cooked, add cauliflower and sauce - cook stirring regularly for 4 minutes until sauce is reduced and cauliflower is almost cooked - firm not mushy, push cauliflower to one side of skillet - add  $\frac{1}{2}$  tbsp oil - heat slightly then add egg, leave for 10 seconds then leisurely scramble it, once almost cooked mix egg through cauliflower, toss through green onions then serve immediately.

## JUNIOR PRESCHOOL NEWS

Welcome to the August edition of the JPS newsletter! What a busy month we have had, making the most of the warm(ish!) winter weather, rugging up and heading out for some running, climbing, bike riding and dare devil stunts! There was also plenty of time set aside for visual art productions; social dramatic play and more passive (but no less important) activities like story times.



## Worm farm



As a part of Yarrunga's Sustainability Plan, our class has set up a worm farm to help dispose of our food scraps and to provide nourishment for our soon-to-be-built vegetable garden. We are currently investigating what worms can and cannot eat and will be feeding these 'scraps' to the little invertebrates.



We had a wonderful and oh-so-comfy week as we observed Pyjama Day last month. Why limit the fun to a single day when we could be in our jammies for the whole week?! Thank you to the families who participated in this event and generously donated to the Pyjama Foundation, raising funds for children living in foster care.



Loose parts - If families have any spare loose parts (buttons, large screws and bolts, poly pipe, to name just a few) or small cardboard boxes (nothing that contained sesame or nuts), tubes (but not toilet rolls) or small plastic tubs / punnets, we would gratefully accept them!

Until next month,

Alana, Chrissy, Emma, Julie, Tash and Carly

[juniopreschool@yarrunga.com.au](mailto:juniopreschool@yarrunga.com.au)

### **Educational Leader:**

As a follow up to the review of educator's personal teaching philosophies last month, we have highlighted how each educator's values link to our Yarrunga Philosophy, along with teaching and learning theories, and input from families and children using the foyer display and room activities.

At our August staff meeting we celebrated these linkages by evidencing how they relate to each of the five key themes in Yarrunga's Philosophy. In undertaking a collaborative yearly review of our values and commitments, we ensure that our Philosophy is reflective of all voices in our Yarrunga community. Thank you for your ongoing input into Yarrunga's quality improvement processes. Even seemingly insignificant comments help us remain vigilant in providing quality Early Childhood Education and Care.

During August we will be looking at our learning environments and how these support children's play and learning. This will also include how we implement sustainable teachings and resources in our daily professional practice. Educators have shared how they currently implement the elements in **Quality Area 3 - Physical Environment** into each of their room curriculums at our staff meeting. We will now review our strengths and areas we can improve on with constructive feedback from families via a face book poll. Please keep a look out on our face book page.

Educators have forwarded children's Mid-Year Summaries with each room providing information about how you can meet with your child's primary educator. Please remember that you are always welcome to discuss your child's progress. Meetings can be arranged via email, telephone, or face to face.

Thank you

Krystine



**NO FOOD FROM HOME!** A reminder that we have children attending Yarrunga with severe allergies to egg, dairy, nut, and sesame. Anaphylaxis is a severe and potentially life-threatening allergic reaction. We want to do our best to keep those at risk safe.

Please refrain from bringing food from home.

If you are bringing treats to share for your child's birthday, please check with room educators for allergies prior.

If parents have any concerns or complaints, please follow the attached *Grievance Policy*

## **Grievance Policy**

# **1 Informal Resolution of Grievances**

Initially any grievance raised will be approached in an informal manner.  
(Informal Procedure for Resolution of Grievance). If required, an appointment time with the Centre Director and/or  
President of the Management Committee  
Kathryn Chandler (phone 0457 717 624) to discuss the grievance can be arranged.

# **2 Formal Resolution of Grievances**

2.1 In the event informal processes are unable to be used or informal processes fail to achieve a satisfactory outcome for any of the parties involved in the grievance, the formal process will then be used. Determining whether the grievance will be handled formally is at the discretion of the Director/President of Management Committee based on feedback from the concerned parties at the conclusion of the informal stage (Formal Procedure for Resolution of Grievance).

**2.2 When a formal resolution of grievance is pursued, all interactions must be documented by the Director (Complaint form), signed (by Director and or parties involved), and a copy given to each party concerned.**

2.3 Any allegation that the safety, health or wellbeing of a child has been compromised, or relating to a staff member, the details of action taken in response to a complaint will be recorded and kept in a confidential place.

# **3 Regulatory Authority – ACECQA**

3.1 The Nominated Supervisor or Certified Supervisor will notify (within 24 hours of the complaint being made) ACECQA of a complaint that alleges

- a serious incident has occurred or is occurring while a child is being educated and cared for by Yarrunga.
- the National Law and/or National Regulations have been contravened.

The required Forms to be completed are;

**Notification of Complaints and Incidents (Other than serious Incidents)** as required by the Education & Care Services National Regulations - through the National Quality Agenda IT System (NQA IT System). Log in to access the portal.

A scanned copy of the written complaint will be uploaded prior to submitting the form electronically.



Early Intervention Program for Parents with children aged 0-8 years



# Circle of Security

**2 Session Program;**  
**Wednesday 5 August**  
**Wednesday 12 August**

**9:30am – 2:00pm**

**Online via Microsoft**  
**TEAMS**



• We all need to feel secure • It's important to understand how much your children need you •

- A group based parent education program that looks at the needs beyond your child's behaviour and aims to promote secure attachment between you and your child.
- Offers strategies to become a Bigger, Stronger, Wiser and Kind parent to ensure your job is to be the parent and your child's job is to be the child.
- Helps you give your child opportunities to explore the world knowing that they have the security of your protection, comfort, support to manage their feelings and delight in them as they grow and develop.

**Bookings are essential please contact your**  
**Case Manager or RSVP by emailing**  
**ParentingRiverina@missionaustralia.com.au**



**Spaces are limited due to Circle of Security guidelines**

A link to the video conference and a participant workbook will be provided prior to the course.

Please ensure that participant email address and mailing address are included in the referral.

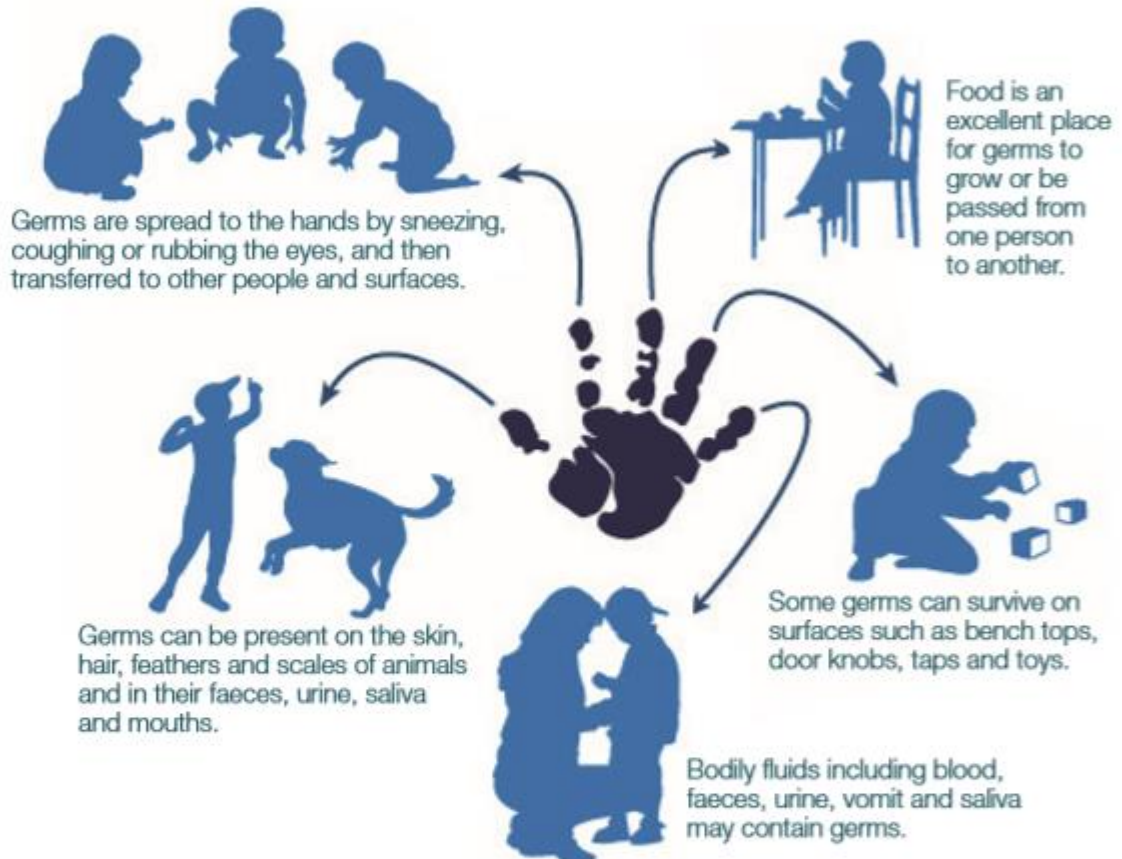


This course is being run by a Registered Parent Educator of Circle of Security

**MISSION**  
**AUSTRALIA** | together  
we stand

# The role of hands in the spread of infection

STAYING HEALTHY | 5TH EDITION | 2013



## Hand hygiene

You can prevent the spread of disease by performing **hand hygiene** by:



washing hands with soap and water or using an alcohol-based hand rub.

NHMRC Ref. CH55 Printed June 2013



Australian Government  
National Health and Medical Research Council

NHMRC

WORKING TO BUILD A HEALTHY AUSTRALIA